# Person Med

PATIENT CENTRIC APPROACH ON ADVANCED PROSTATE CANCER

> IL VALORE DEL TEMPO <



# 16-17 GIUGNO 2022 NAPOLI

Renaissance Naples Hotel Mediterraneo Via Ponte di Tappia, 25

# **mHSPC**

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BP (DOB 27/06/1947)

**Past clinical history:** 

Hypertension, Hypercholesterolemia, Prostate hypertrophy

**Recent clinical history:** 

**PSA 20** 

mpMRI: prostate of 48x42x45 mm, PIRADS 3

Prostate biopsy (March 2021): prostate adenocarcinoma Gleason 5+5

Diagnostic workup??



Bone scan+CT scan?

Choline PET/CT?

PSMA PET/CT?





High-risk localised disease/locally advanced disease				
Perform metastatic screening including at least cross-sectional abdominopelvic imaging	Strong			
and a bone-scan.				
When using PSMA PET or whole body MRI to increase sensitivity, be aware of the lack of	Strong			
outcome data of subsequent treatment changes.				



# Evolving Role of Prostate-Specific Membrane Antigen-Positron Emission Tomography in Metastatic Hormone-Sensitive Prostate Cancer: More Questions than Answers?

For those with a newly diagnosed PCa who do not have systemic metastatic disease on CIM, therapy should be based on curative-intent standards of care whether disease on PSMA-PET remains localized to regional lymph nodes or extends to disease outside of the pelvis

Until data provide better guidance, if a PSMA-PET/CT is obtained, we advise clinicians to base treatment decisions on the extent of disease seen on CIM

**Imaging Findings** 

## Avoid the

Recommendations for Newly Diagnosed HSPC

«see more-to-do-less» strategy!

cM+/beyond pelvic LN-positive: Standard therapy for mHSPC by disease status

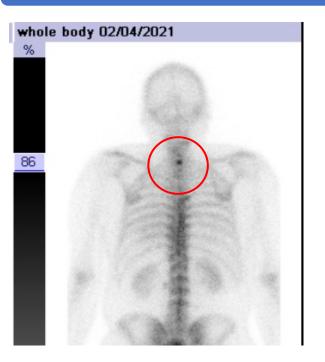


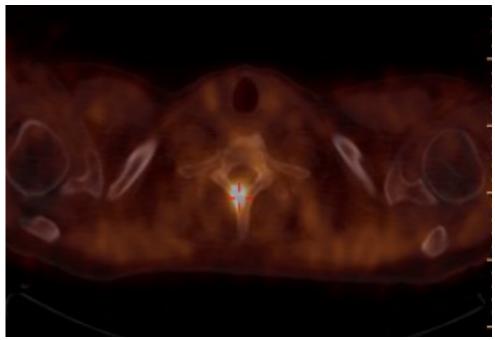
CT scan (26/03): Negative

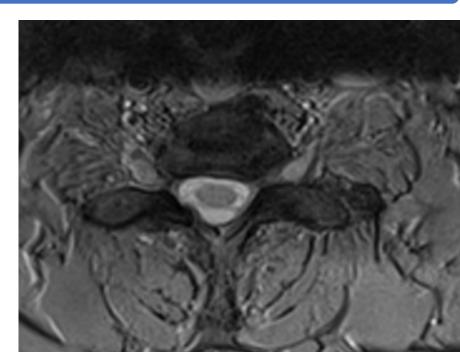
Bone scan 02/04: Suspect on T1

Cervical MRI: Suspect on T1

#### PET 15/04: Positive on T1









Which treatment strategy for a low burden, de novo mHSPC?

## Up to 2021..

**ADT** alone

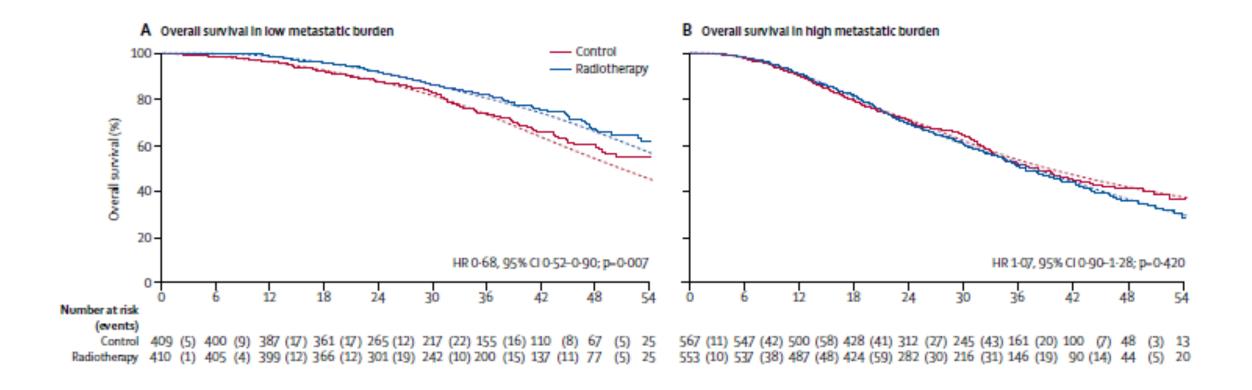
ADT+RT on Primary

ADT+RT on Primary and M+

ADT+RT on M+

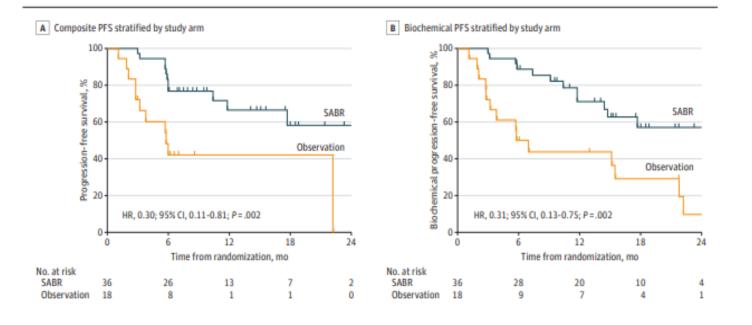


Radiotherapy to the primary tumour for newly diagnosed, metastatic prostate cancer (STAMPEDE): a randomised controlled phase 3 trial



## Outcomes of Observation vs Stereotactic Ablative Radiation for Oligometastatic Prostate Cancer

The ORIOLE Phase 2 Randomized Clinical Trial



54 men with recurrent hormonesensitive prostate cancer and 1-3 metastases (no ADT)

Randomized in a 2:1 ratio to receive SABR or observation

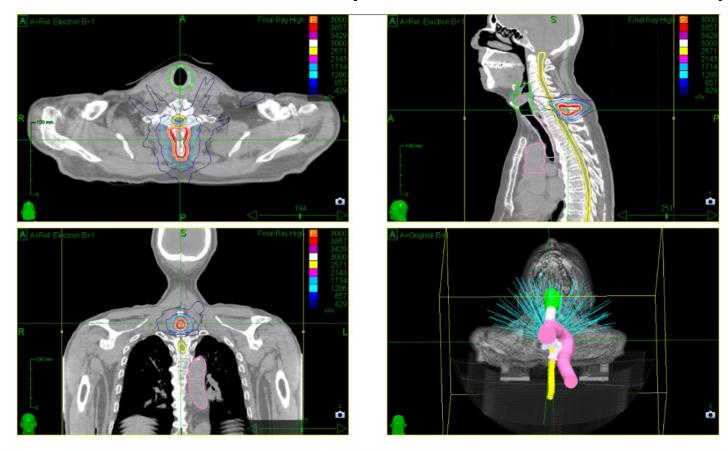
Treatment with SABR improved median progression-free survival (P = .002).

Total consolidation of PSMA radiotraceravid disease decreased the risk of new lesions at 6 months (P = .006)



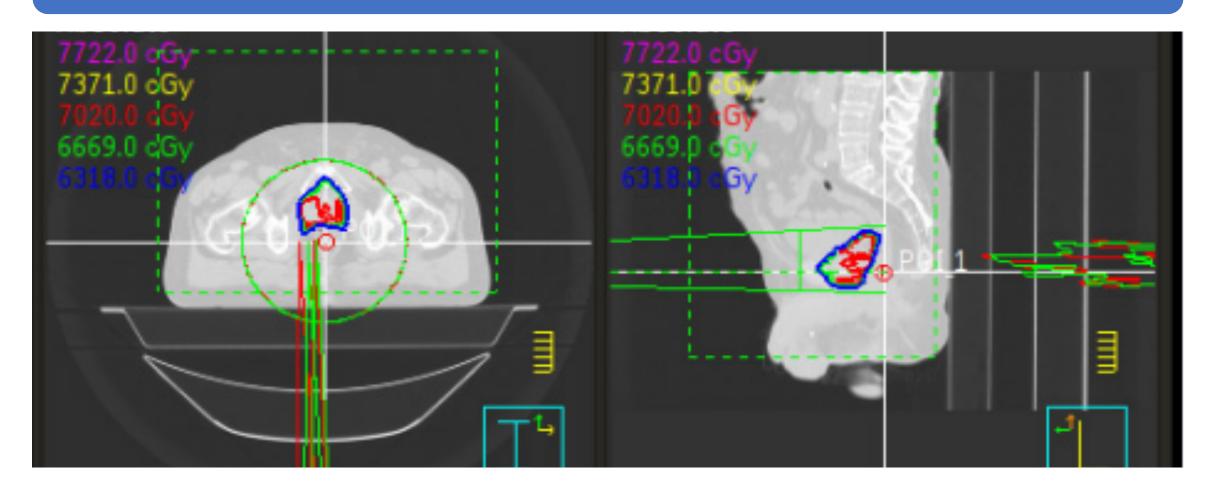
# Patient started ADT but had a concomitant treatment due to complicated anal fistula... so we were forced to start from PFS benefit...

30 Gy in 3 fraction to 70% IDL administered with Cyberknife robotic stereotactic technique (26/05-28/05)





# After fistula recovery, patient started prostate radiotherapy on 01/12/2021 (70.2 Gy in 26 fractions, IMRT VMAT)

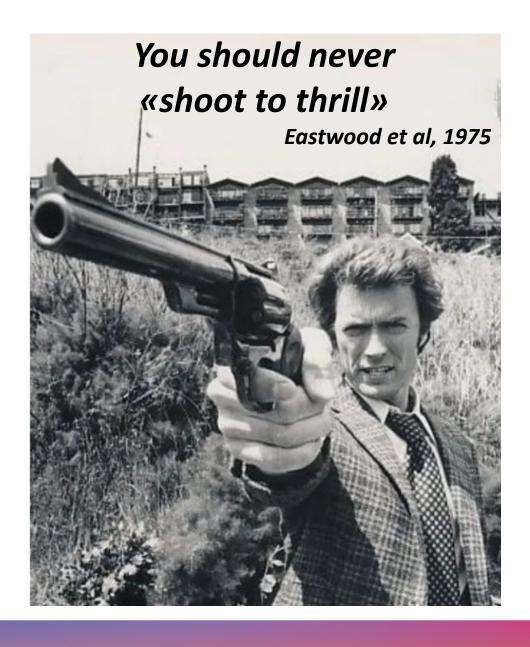




Regimen	Preferred Dose/Fractionation	Low Volume M1 <sup>a</sup>
Moderate Hypofractionation (Preferred)	3 Gy x 20 fx 2.7 Gy x 26 fx 2.5 Gy x 28 fx 2.75 Gy x 20 fx	
Conventional Fractionation	1.8–2 Gy x 37–45 fx	
Ultra-Hypofractionation	7.25–8 Gy x 5 fx 6.1 Gy x 7 fx 6 Gy x 6 fx	<b>✓</b>

## (alpha/beta 1.5)

- 36 Gy in 6 fractions: 77.1 Gy EQD2
- 55 Gy in 20 fractions: 66.8 Gy EQD2
- 70.2 Gy in 26 fractions: 84.2 Gy EQD2





### Up to 2021...

**ADT** alone

**ADT+RT on Primary** 

ADT+RT on Primary and M+

ADT+RT on M+

### After 2021...

ADT+ARsi alone

ADT+ARsi+RT on Primary

ADT+ARsi+RT on Primary and M+

ADT+ARsi+RT on M+



## **APALUTAMIDE: TITAN** Dual primary endpoint: OS PFS

#### "All-comer" patient population

#### **Key Eligibility Criteria**

Castration sensitive Distant metastatic disease by ≥ 1 lesion on bone scan

ECOG PS 0 or 1

#### **On-Study Requirement**

Continuous ADT

#### **Permitted**

Prior docetaxel

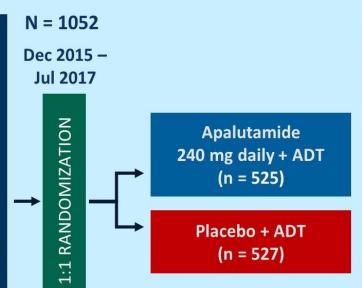
ADT  $\leq$  6 mo for mCSPC or  $\leq$  3 yr for local disease Local treatment completed ≥ 1 yr prior

#### Stratifications

Gleason score at diagnosis (≤ 7 vs ≥ 8)

Region (NA and EU vs all other countries)

Prior docetaxel (yes vs no)



#### **Dual primary end points**

- · 05
- •rPFS

#### Secondary end points

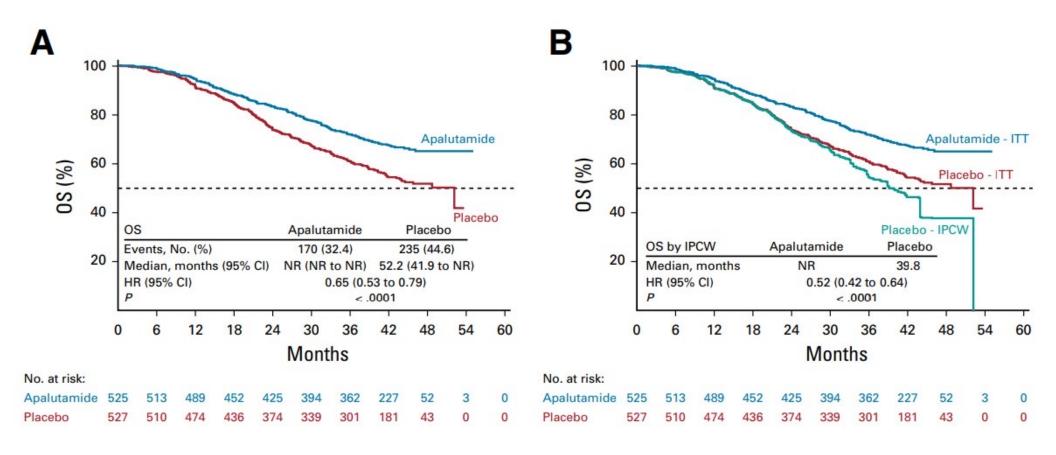
- Time to cytotoxic chemotherapy
- Time to pain progression
- Time to chronic opioid use
- Time to skeletal-related event

#### **Exploratory end points**

- Time to PSA progression
- Second progression-free survival (PFS2)
- Time to symptomatic progression

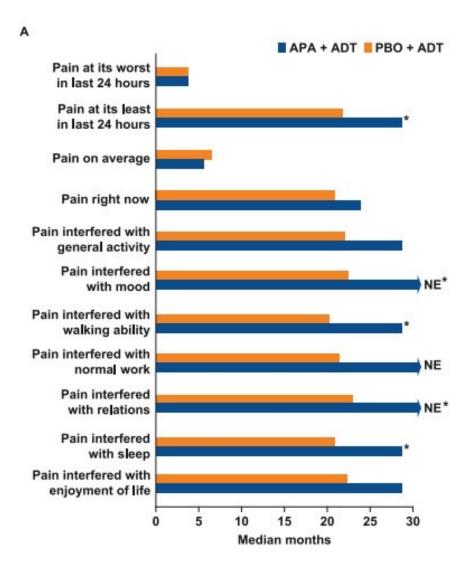
ECOG PS, Eastern Cooperative Oncology Group performance status; NA, North America; PSA, prostate-specific antigen; rPFS, radiographic progression-free survival.

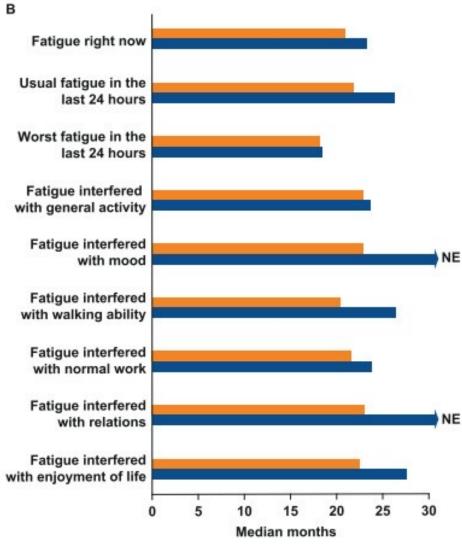
# Kaplan-Meier estimates of (A) OS and (B) OS adjusted for patient crossover from placebo to apalutamide using the IPCW sensitivity analysis



	Events/I	Events/No.  Apalutamide Placebo		months)			
Subgroup	Apalutamide			Placebo			HR (95% CI)
All patients	170/525	235/527	NR	52.2	H-1		0.65 (0.53 to 0.79)
Baseline ECOG p	erformance status						
0	94/328	134/348	NR	52.2			0.68 (0.52 to 0.89)
1	76/197	101/178	NR	32.3			0.56 (0.42 to 0.76)
Geographic region	on				222		
EU/NA	53/173	66/173	NR	52.2	<b>⊢</b>		0.75 (0.52 to 1.07)
Other	117/352	169/354	NR	44.0	<b>⊢</b>		0.62 (0.49 to 0.78)
Bone metastasis	only at baseline						
Yes	70/289	115/269	NR	NR	H		0.50 (0.37 to 0.67)
No	100/236	120/258	NR	48.7	<b>⊢</b>		0.85 (0.65 to 1.11)
Visceral disease	at baseline						
Yes	27/56	43/72	40.8	30.1			0.76 (0.47 to 1.23)
No	143/469	192/455	NR	52.2	H-1		0.65 (0.52 to 0.80)
Gleason score at		110000					
< 7	48/174	63/169	NR	NR			0.67 (0.46 to 0.98)
>7	122/351	172/358	NR	43.7			0.64 (0.51 to 0.81)
Prior docetaxel u	The state of the s	112,000					0.01 (0.01 (0 0.01)
Yes	21/58	17/55	NR	NR		17	1 12 (0 50 += 2 12)
No	149/467	218/472	NR	48.7	-		1.12 (0.59 to 2.12) 0.61 (0.50 to 0.76)
and the same of th	143/407	210/4/2	IND	40.7			0.01 (0.50 to 0.76)
Age (years)							
< 65	49/149	90/182	NR	41.7			0.57 (0.40 to 0.80)
65-74	81/243	95/232	NR	NR			0.74 (0.55 to 0.99)
≥ 75	40/133	50/113	NR	52.2			0.65 (0.43 to 0.99)
Baseline PSA abo			8338	93500			
Yes	115/286	126/240	NR	38.9	H-1		0.67 (0.52 to 0.86)
No	55/239	109/287	NR	NR	<b>⊢</b>		0.54 (0.39 to 0.75)
Baseline LDH abo	ove ULN						
Yes	34/60	34/60	38.2	28.4	<b>⊢</b>		0.91 (0.57 to 1.47)
No	128/443	188/442	NR	52.2	₩		0.61 (0.49 to 0.77)
Baseline ALP abo	ove ULN						
Yes	79/177	119/180	NR	28.7			0.55 (0.42 to 0.74)
No	90/346	115/2/15	NR	E2 2	-		0.72 (0.55 to 0.95)
Disease volume	Access to the second		V-180	110000000000000000000000000000000000000			
High	134/325	175/335	NR	38.7	<b>⊢</b>		0.70 (0.56 to 0.88)
Low	36/200	60/192	NR	NR			0.52 (0.35 to 0.79)
No. of bone lesio							
< 10	76/318	108/331	NR	NR			0.69 (0.52 to 0.93)
> 10	94/207	127/196	NR	26.9			0.54 (0.42 to 0.71)
Metastasis stage		,		1100			
M0	20/85	29/59	NR	41.2			0.39 (0.22 to 0.69)
M1	140/411	199/441	NR	48.7			0.68 (0.55 to 0.85)
777	140/411	133/441	IND	40.7	H-4		0.00 (0.00 to 0.80)
Disease risk	58/236	75/241	NR	NR			0.76 (0.54 to 1.07)
Low							
High	112/289	160/286	NR	34.0	<del>,</del>		0.57 (0.45 to 0.73)
					0.1 1	10	
					<b>-</b>		
					Favors	Favors	
					C12		
					Apalutamide	Placebo	

Outcome not related to the disease volume





Agarwal, The Journal of Urology 2021



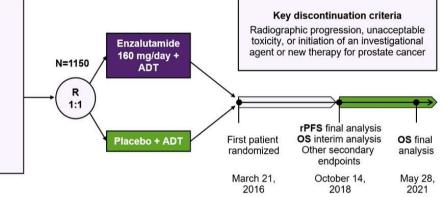
#### **ARCHES study design**

#### Key eligibility criteria

- mHSPC (confirmed by bone scan, CT, or MRI), histologically confirmed adenocarcinoma
- ECOG PS 0-1
- Current ADT duration ≤3 months in the metastatic setting, unless prior docetaxel, then ≤6 months

#### Stratification factors

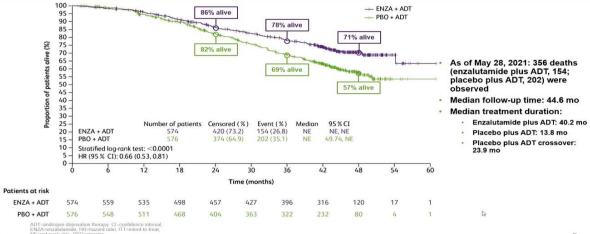
- Volume of disease (low vs. higha)
- Prior docetaxel therapy for mHSPC (none, 1-5, or 6 cycles)



\*Defined as metastases involving the viscera or, in the absence of visceral lesions, ≥4 bone lesions, ≥1 of which must be in a bony structure beyond the vertebral column and pelvic bone. AD-androgen are versus as measured and viscous with the second of the se



#### **Overall survival (ITT)**



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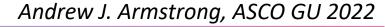
Person **Med** 

Figure 1. OS in Patients With Low- and High-Volume<sup>a</sup> Disease and M0 and M1 disease at Initial Diagnosis

Subgroup	ENZA + ADT N (E)	PBO + ADT N (E)		HR (95% CI)
Overall	574 (154)	576 (202)	H=H	0.66 (0.53, 0.81)
Low-volume disease	220 (35)	203 (46)	<b>├</b> ■	0.66 (0.43, 1.03)
High-volume disease	354 (119)	373 (156)	<b>⊢</b> ■─	0.66 (0.52, 0.83)
M0 at diagnosis	117 (24)	129 (31)	-	0.71 (0.41, 1.21)
M1 at diagnosis	448 (127)	442 (170)	<b>⊢</b>	0.63 (0.50, 0.79)
Low-volume disease/ M0 at diagnosis	63 (8)	67 (12)	-	0.63 (0.26, 1.54)
Low-volume disease/ M1 at diagnosis	151 (26)	133 (34)	·	0.65 (0.39, 1.08)
High-volume disease/ M0 at diagnosis	54 (16)	62 (19)	-	0.77 (0.39, 1.50)
High-volume disease/ M1 at diagnosis	297 (101)	309 (136)	<b>⊢</b> ■──	0.63 (0.48, 0.81)
		O.:	0 0.5 1.0 1.5	2.0
		Favors EN	ZA + ADT Fo	avors PBO + ADT

<sup>&</sup>lt;sup>a</sup>High-volume disease was defined as presence of metastases involving the viscera or, in the absence of visceral lesions, ≥4 bone lesions, ≥1 of which must have been in a bony structure beyond the vertebral column and pelvic bone, per CHAARTED criteria.<sup>8</sup>
ADT=androgen deprivation therapy; Cl=confidence interval; E=number of events; M0=no distant metastases; M1=distant metastases; N=number of patients; OS=overall survival.

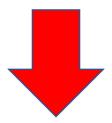
# Outcome not related to the disease volume





Patient reported only G1 acute GU toxicity (complete recovery) after 3 months

Patient continued ADT and is currently under follow up (last PSA 0.08 on 25 March 2022)



What will we do after 2-3 years from treatment start? *Should we try to withold ADT?* 



## Take home messages:

- ADT alone should NOT considered anymore the standard for de novo low burden mHSPC
- Arsi showed to improve OS in all comers population
- RT to primary should not be denied, especially if next generation imaging has been performed
- Always consider a «go for Ablative strategy»

## Open questions

- Benefit of local treatment if maximal hormonal treatment is administered? (Waiting for PEACE-1 Final results)
- What about long term ADT+Arsi if Local ablative treatment has been performed?

