

TERZA EDIZIONE



# PersonMed

PATIENT CENTRIC APPROACH ON ADVANCED PROSTATE CANCER

› IL VALORE DEL TEMPO ‹

16-17 GIUGNO 2022  
NAPOLI

Renaissance Naples Hotel Mediterraneo  
Via Ponte di Tappia, 25



70 anni (1945) , scuola di ballo

Diabetico, iperteso

(ipoglicemizzante orale, calcioantagonista)

PSA 10 ng/ml      Bx: CaP Gleason 4+4      cT2

RM prostata: sospetta patologia localizzata, PIRADS 5 (apice dx 18 mm)

Scintigrafia e TAC negative

**RARP nel 2015:** CaP Gleason 4+4, pT3a N1 (1/22 linf) M0 R1 (10 mm apice dx)

PSA dopo 6 settimane 0,01 ng/ml

Continente, D.E.

TMD (Urologo, Oncologo medico, Radioterapista Oncologo, Radiologo, Medico Nucleare, Anatomo Patologo)

**RT adiuvante**

(loggia prostatica 66 Gy in 30 fx + pelvi 52,5 Gy)

+

**ADT adiuvante**

(consigliata per 24-36 mesi)

Aprile 2017      PSA 0.3 ng/ml    Testosterone tot 20 ng/dl

Settembre 2017    PSA 0.6 ng/ml

Gennaio 2018      PSA 0,8 ng/ml

Aprile 2018        PSA 1,1 ng/ml

Asintomatico

## Quale decisione clinica?

- Ristadiazione con tecniche di radiologia tradizionale
- Proseguire ADT
- Manipolazione ormonale (es. aggiunta bicalutamide)
- Ristadiazione con nuove tecniche di imaging

**Decisione TMD: proseguire ADT**



Aprile 2017	PSA 0.3 ng/ml	Testosterone tot 20 ng/dl
Settembre 2017	PSA 0,6 ng/ml	
Gennaio 2018	PSA 0,8 ng/ml	
Aprile 2018	PSA 1,1 ng/ml	
Settembre 2018	PSA 1,5 ng/ml	
Dicembre 2018	PSA 2,3 ng/ml	

PSADT 8 mesi

Asintomatico



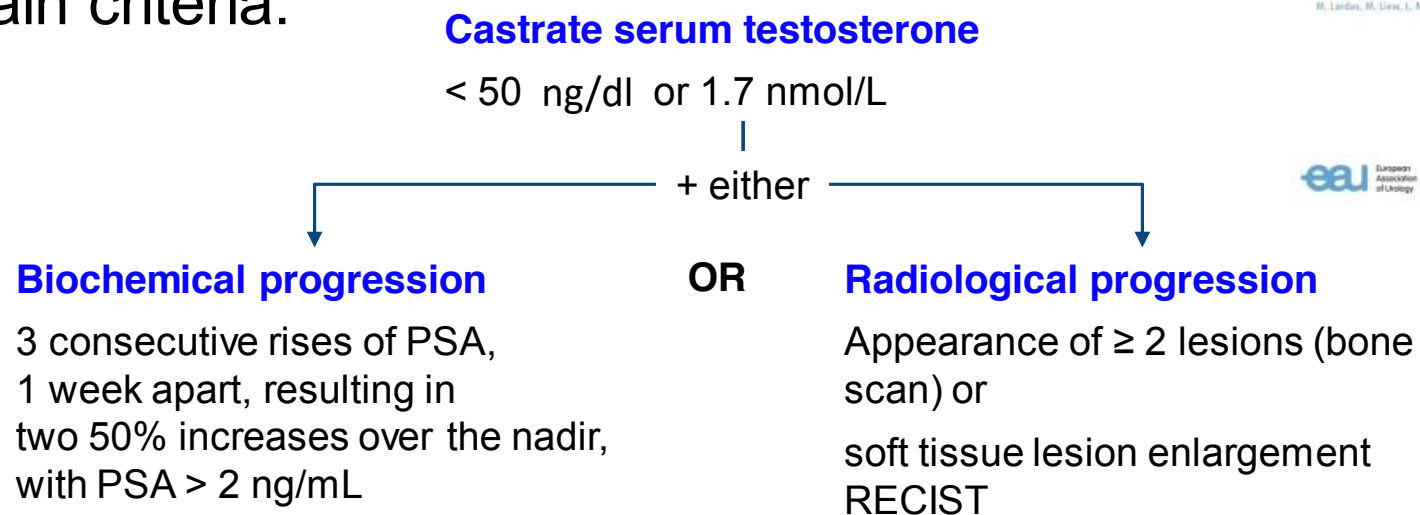
# Present

## CRPC: definition

EAU-ESTRO-ESUR-SIOG  
Guidelines on  
Prostate Cancer

N. Attali (Chair), J. Bellmunt, E. Briers (Patient Representative),  
M. Bolla, L. Bourke, P. Carnford (Vice-Chair), M. De Santis,  
A. Henry, S. Janjiu, T.B. Lam, M.D. Mason, H. van der Poel,  
T.H. van der Vaart, D. Ruscione, T. Wang  
Guidelines Associates: M. Cumberbatch, N. Fossati, T. Gross,  
M. Lardas, M. Liaw, L. Marconi, P. Maktoum, J.D. Schoth,  
P.M. Willmore

3 main criteria:



**Symptomatic progression alone to be questioned and not sufficient to define mCRPC**

CRPC, castration-resistant prostate cancer; PSA, prostate specific antigen; RECIST, Response Evaluation Criteria In Solid Tumours.

- Dicembre 2018 PSA 2,1

- PSADT 8 mesi Asintomatico

	No ADT	Progressed on ADT
No distant metastasis CT/BS	Localized or locally advanced PC	<b>nmCRPC</b>
Distant metastasis	mHNPC	mCRPC

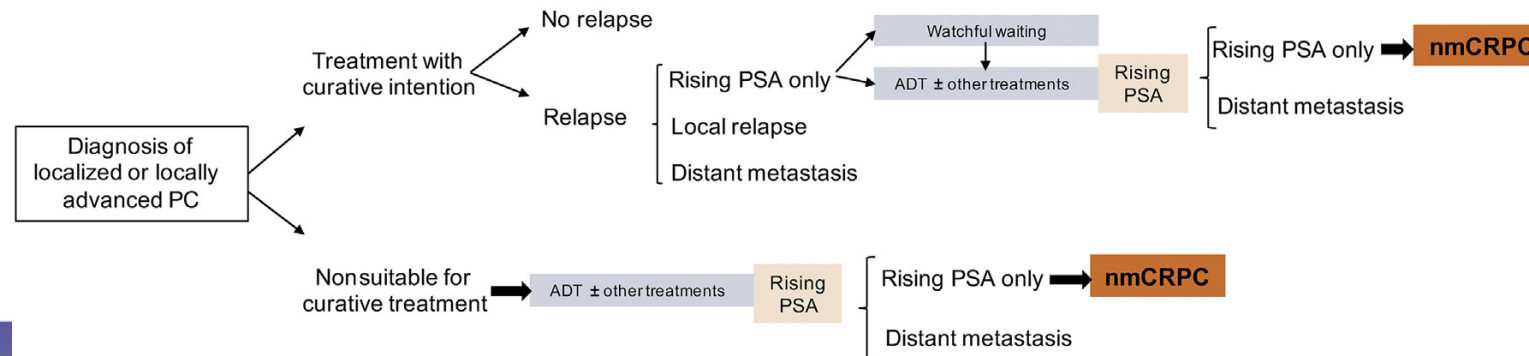


Fig. 1 – Schematic representation of disease evolution patterns to the clinical states of nonmetastatic castration-resistant prostate cancer (nmCRPC). ADT = androgen deprivation therapy; BS = bone scintigraphy; CT = computerised tomography; HNPC = hormone-naïve prostate cancer; CRPC = castration-resistant prostate cancer; mCRPC = metastatic castration-resistant prostate cancer; PC = prostate cancer; PSA = prostate specific antigen.



Quale tecniche di imaging utilizzereste per la ristadiatione?

1. TAC e Scintigrafia ossea
2. PET-TC Colina
3. PET-TC PSMA
4. Whole-Body RM



### 6.5.4 Non-metastatic CRPC

- One-third will develop bone metastases within two years, detected by conventional imaging [207].
- In men with CRPC and no detectable clinical metastases using bone scan and CT-scan, baseline PSA level, PSA velocity and PSA-DT have been associated with time to first bone metastasis, bone metastasis-free survival and OS [207, 1200].
- A consensus statement by the PCa Radiographic Assessments for Detection of Advanced Recurrence (RADAR) group suggested a bone scan and a CT scan when the PSA reached 2 ng/mL and if this was negative, it should be repeated when the PSA reached 5 ng/mL, and again after every doubling of the PSA based on PSA testing every three months in asymptomatic men [1201].
- **Symptomatic patients** should undergo relevant investigations regardless of PSA level. With more sensitive imaging techniques like PSMA PET/CT or whole-body MRI, more patients are diagnosed with early mCRPC [1202]. It remains unclear if the use of PSMA PET/CT in this setting improves outcome.

## EAU - EANM - ESTRO - ESUR - ISUP - SIOG Guidelines on Prostate Cancer

N. Mottet (Chair), P. Cornford (Vice-chair), R.C.N. van den Bergh, E. Briers, Expert Patient Advocate (European Prostate Cancer Coalition/Europa UOM), M. De Santis, S. Gillissen, J. Grummet, A.M. Henry, T.H. van der Kwast, T.B. Lam, M.D. Mason, S. O'Hanlon, D.E. Oprea-Lager, G. Ploussard, H.G. van der Poel, O. Rouvière, I.G. Schoots, D. Tilki, T. Wiegel  
Guidelines Associates: T. Van den Broeck, M. Cumberbatch, A. Farolfi, N. Fossati, G. Gandaglia, N. Grivas, M. Lardas, M. Liew, E. Linares Espinós, L. Moris, P-P.M. Willemsse



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## Ability of CT and BS to detect metastasis

- CT has limited sensitivity for the detection of metastatic lymph Nodes: **42%** [95% CI 26–56%]

*Mateo J et al, Eur Urol, doi:10.1016/j.eururo.2018.07.035*

- Bone scan positivity according to PSA and PSA-DT in nmCRPC

	PSA (ng/ml)			
	<5	5–14.9	15–49.9	≥50
<i>PSADT (months)</i>				
≥15	6 (4–8)	11 (9–14)	22 (18–28)	47 (40–54)
9–14.9	6 (4–10)	12 (10–14)	24 (22–26)	49 (46–52)
3–8.9	8 (5–14)	16 (13–18)	30 (27–33)	57 (53–60)
<3	12 (8–19)	22 (19–25)	40 (37–42)	67 (64–69)

CI: confidence interval; PSA: prostate-specific antigen; PSADT: PSA level doubling time.

*Moreira DM et al Prostate Cancer Prostatic Dis, doi: 10.1038/pcan.2015.25*

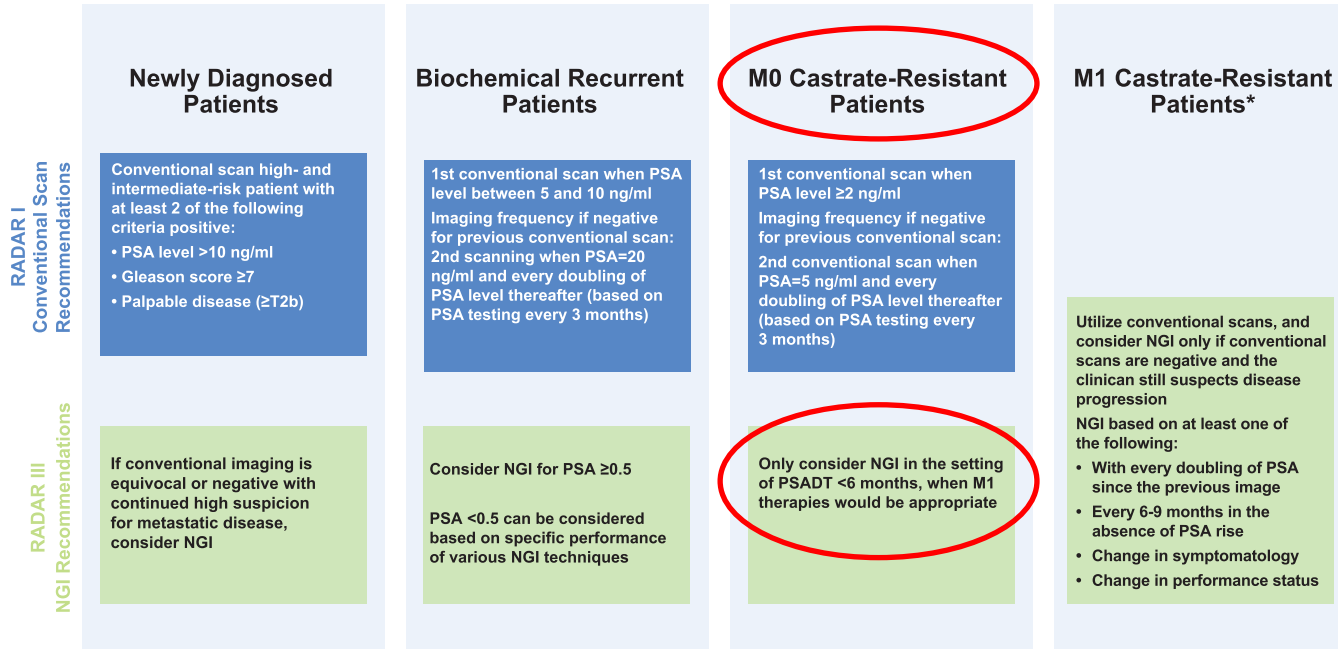


**A Clinician's Guide to Next Generation Imaging in Patients With Advanced Prostate Cancer (RADAR III)**

E. David Crawford,\*† Phillip J. Koo,‡ Neal Shore,§ Susan F. Slovin,¶  
Raoul S. Concepcion,|| Stephen J. Freedland,\*\* Leonard G. Gomella,††  
Lawrence Karsh,‡‡ Thomas E. Keane,§§ Paul Maroni, David Penson,¶¶  
Daniel P. Petrylak,||| Ashley Ross,\*\*\* Vlad Mouraviev,†††  
Robert E. Reiter, Chaitanya Divgi and Evan Y. Yu†††  
for the RADAR III Group

**Abbreviations and Acronyms**

<sup>18</sup>F-DCFPBC = (N-(N-(5S)-1,3-dicarboxypropyl)carbamoyl)-4-<sup>18</sup>F-fluorobenzyl-L-cysteine  
<sup>18</sup>F-FAPC = <sup>18</sup>F-fluorobenzine



## Guiding management of therapy in prostate cancer: time to switch from conventional imaging to PSMA PET?

Ramin Alipour , Arun Azad and Michael S. Hofman

*Ther Adv Med Oncol*

2019, Vol. 11: 1–14

DOI: 10.1177/  
1758835919876828

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### STRENGTHS OF CONVENTIONAL IMAGING

- ❖ The major strength of conventional imaging is its wide availability.
- ❖ Thanks to decades of exposure and experience with CT, MRI and bone scan, both reporting physicians and the referring clinicians are confident with interpreting their results despite their limitations.
- ❖ Another major advantage of these tests is their standardization and incorporation into clinical trial designs and guidelines such as RECIST and PCWG.
- ❖ Last but not least, these scans, unlike PSMA PET/CT, are funded by healthcare providers for both staging and restaging prostate cancer

#### *5.3.4 Summary of evidence and practical considerations on initial N/M staging*

The field of non-invasive N- and M-staging of PCa patients is evolving very rapidly. Evidence shows that choline PET/CT, PSMA PET/CT and whole-body MRI provide a more sensitive detection of LN- and bone metastases than the classical work-up with bone scan and abdominopelvic CT.....

.....The prognosis and ideal management of patients diagnosed as metastatic by these more sensitive tests is unknown. In particular, it is unclear whether patients with metastases detectable only with PET/CT or whole-body MRI should be managed using systemic therapies, or whether they should be subjected to aggressive local and metastases-directed therapies [468].

Results from RCTs evaluating the management and outcome of patients with (and without) metastases detected by choline PET/CT, PSMA PET/CT and MRI are awaited before a decision can be made to treat patients based on the results of these tests [469].

available at [www.sciencedirect.com](http://www.sciencedirect.com)  
journal homepage: [www.europeanurology.com](http://www.europeanurology.com)



Review – Prostate Cancer – Editor's Choice

## Managing Nonmetastatic Castration-resistant Prostate Cancer

Joaquin Mateo<sup>a</sup>, Karim Fizazi<sup>b</sup>, Silke Gillessen<sup>c</sup>, Axel Heidenreich<sup>d</sup>, Raquel Perez-Lopez<sup>a</sup>, Wim J.G. Oyen<sup>e</sup>, Neal Shore<sup>f</sup>, Matthew Smith<sup>g</sup>, Christopher Sweeney<sup>h</sup>, Bertrand Tombal<sup>i</sup>, Scott A. Tomlins<sup>j</sup>, Johann S. de Bono<sup>e,\*</sup>

<sup>a</sup>Vall d'Hebron Institute of Oncology (VHIO), Barcelona, Spain; <sup>b</sup>Institut Gustave Roussy and University of Paris Sud, Villejuif, France; <sup>c</sup>Department of Oncology and Hematology, Kantonsspital St. Gallen, Switzerland; <sup>d</sup>University Hospital Aachen, Cologne, Germany; <sup>e</sup>The Royal Marsden Hospital and The Institute of Cancer Research, London, UK; <sup>f</sup>Carolina Urologic Research Center and Atlantic Urology Clinics, Myrtle Beach, SC, USA; <sup>g</sup>Massachusetts General Hospital and Harvard Medical School, Boston, MA, USA; <sup>h</sup>Dana Farber Cancer Institute and Harvard Medical School, Boston, MA, USA; <sup>i</sup>Cliniques Universitaires Saint Luc, Brussels, Belgium; <sup>j</sup>Michigan Center for Translational Pathology, Rogel Cancer Center, University of Michigan Medical School, Ann Arbor, MI, USA

Prior to direct extrapolation of data to the nmCRPC space, we need to better understand how AR signalling, ADT, and the development of castration resistance modulate PSMA expression, with studies of PSMA-PET/CT in nmCRPC.

Only 24% of these patients had previously received ADT.



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journal homepage: [www.europeanurology.com](http://www.europeanurology.com)



Review – Prostate Cancer

## EAU-EANM-ESTRO-ESUR-SIOG Guidelines on Prostate Cancer. Part II—2020 Update: Treatment of Relapsing and Metastatic Prostate Cancer

Philip Cornford<sup>a,\*</sup>, Roderick C.N. van den Bergh<sup>b</sup>, Erik Briers<sup>c</sup>, Thomas Van den Broeck<sup>d</sup>, Marcus G. Cumberbatch<sup>e</sup>, Maria De Santis<sup>f,g</sup>, Stefano Fanti<sup>h</sup>, Nicola Fossati<sup>i</sup>, Giorgio Gandaglia<sup>j</sup>, Silke Gillissen<sup>k,l,m</sup>, Nikolaos Grivas<sup>n</sup>, Jeremy Grummet<sup>o</sup>, Ann M. Henry<sup>p</sup>, Theodorus H. van der Kwast<sup>q</sup>, Thomas B. Lam<sup>r,s</sup>, Michael Lardas<sup>t</sup>, Matthew Liew<sup>u</sup>, Malcolm D. Mason<sup>v</sup>, Lisa Moris<sup>d,w</sup>, Daniela E. Oprea-Lager<sup>x</sup>, Henk G. van der Poel<sup>n</sup>, Olivier Rouvière<sup>y,z</sup>, Ivo G. Schoots<sup>aa,bb</sup>, Derya Tilki<sup>cc,dd</sup>, Thomas Wiegel<sup>ee</sup>, Peter-Paul M. Willems<sup>ff</sup>, Nicolas Mottet<sup>gg</sup>

### 4. Castration-resistant PCa

#### 4.2.2.4. Follow-up during treatment.

- ❖ Baseline examinations should include a medical history, clinical examination, as well as baseline blood tests (PSA, testosterone, full blood count, renal function, liver function tests, and ALP), **bone scan, and CT of the chest, abdomen, and pelvis.**
- ❖ The use of choline or PSMA PET/CT scans for progressing CRPC is unclear and most likely **not as beneficial as for patients with BCR.** Flares, PSMA upregulation, and discordant results compared with PSA response or progression on ARTAs have been described

## Optimum Imaging Strategies for Advanced Prostate Cancer: ASCO Guideline

Edouard J. Trabulsi, MD<sup>1</sup>; R. Bryan Rumble, MSc<sup>2</sup>; Hossein Jadvar, MD, PhD<sup>3</sup>; Thomas Hope, MD<sup>4</sup>; Martin Pomper, MD, PhD<sup>5</sup>; Baris Turkbey, MD<sup>6</sup>; Andrew B. Rosenkrantz, MD<sup>7</sup>; Sadhna Verma, MD<sup>8</sup>; Daniel J. Margolis, MD<sup>9</sup>; Adam Froemming, MD<sup>10</sup>; Aytekin Oto, MD<sup>11</sup>; Andrei Purysko, MD<sup>12</sup>; Matthew I. Milowsky, MD<sup>13</sup>; Heinz-Peter Schlemmer, MD<sup>14</sup>; Matthias Eiber, MD<sup>15</sup>; Michael J. Morris, MD<sup>16</sup>; Peter L. Choyke, MD<sup>6</sup>; Anwar Padhani, MD<sup>17</sup>; Jorge Oldan, MD<sup>13</sup>; Stefano Fanti, MD<sup>18</sup>; Suneil Jain, MD<sup>19</sup>; Peter A. Pinto, MD<sup>6</sup>; Kirk A. Keegan, MD<sup>20</sup>; Christopher R. Porter, MD<sup>21</sup>; Jonathan A. Coleman, MD<sup>16</sup>; Glenn S. Bauman, MD<sup>22</sup>; Ashesh B. Jani, MD<sup>23</sup>; Jeffrey M. Kamradt, MD<sup>24</sup>; Westley Sholes, MPA; and H. Alberto Vargas, MD<sup>16</sup>

### Recommendation 4.8. Nonmetastatic CRPC

For **men with nonmetastatic CRPC**, NGI can be offered only if a change in the clinical care is contemplated. Assuming patients have received or are ineligible for local salvage treatment options, NGI may clarify the presence or absence of metastatic disease, but the data on detection capabilities of NGI in this setting and impact on management are limited

(Type: consensus, benefits/harms ratio uncertain;  
Evidence quality: weak;  
Strength of recommendation: moderate).

ASCO

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## LIMITATIONS OF PSMA PET

- ❖ **No standardized reporting system or criteria.** In the context of clinical trial design, this is a major disadvantage.
- ❖ International collaborative work promoted by the European Association of Nuclear Medicine, which provides a valuable framework for standardized reporting.<sup>.30</sup> published on a PSMA-RADS system for reporting PSMA PET scans.<sup>.31</sup>
- ❖ **Molecular imaging TNM (miTNM) staging** on PSMA PET/CT 'Prostate Cancer Molecular Imaging Standardized Evaluation (PROMISE) has been published through an international collaborative work.<sup>.32</sup> None of the above has yet been incorporated into the daily clinical practice.
- ❖ Currently, any degree of PSMA uptake (above the adjacent background uptake) in a region without physiological PSMA expression is considered abnormal and would be suggestive of 'recurrent' or 'metastatic' disease and interpreted as such in the absence of a clear alternative explanation.<sup>.30</sup>
- ❖ **PSMA expression**, however, has been shown and reported in the literature in multiple extraprostatic, benign and nonprostatic, malignant lesions, although this is usually characterized by a lower- intensity uptake.<sup>.33,34</sup>

[This emphasizes the high degree of vigilance and careful interpretation required by reporting physicians when unexpected PSMA expression is observed in lesions out of context with the patient's PSA, Gleason score or clinical presentation.](#)

# So what for NGI?

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## EDITORIAL

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Prostate Cancer CRPC Stage M0 and M1: Do We Need Stage M0.5?

How do we address this paradigm shift of earlier identification of metastatic disease through these new PET scans? Should we define M1 CRPC based solely on traditional imaging or should we consider a new classification based on a PET based schema: M1 with traditional imaging and M0.5 to denote PET scan detected metastasis before traditional imaging?

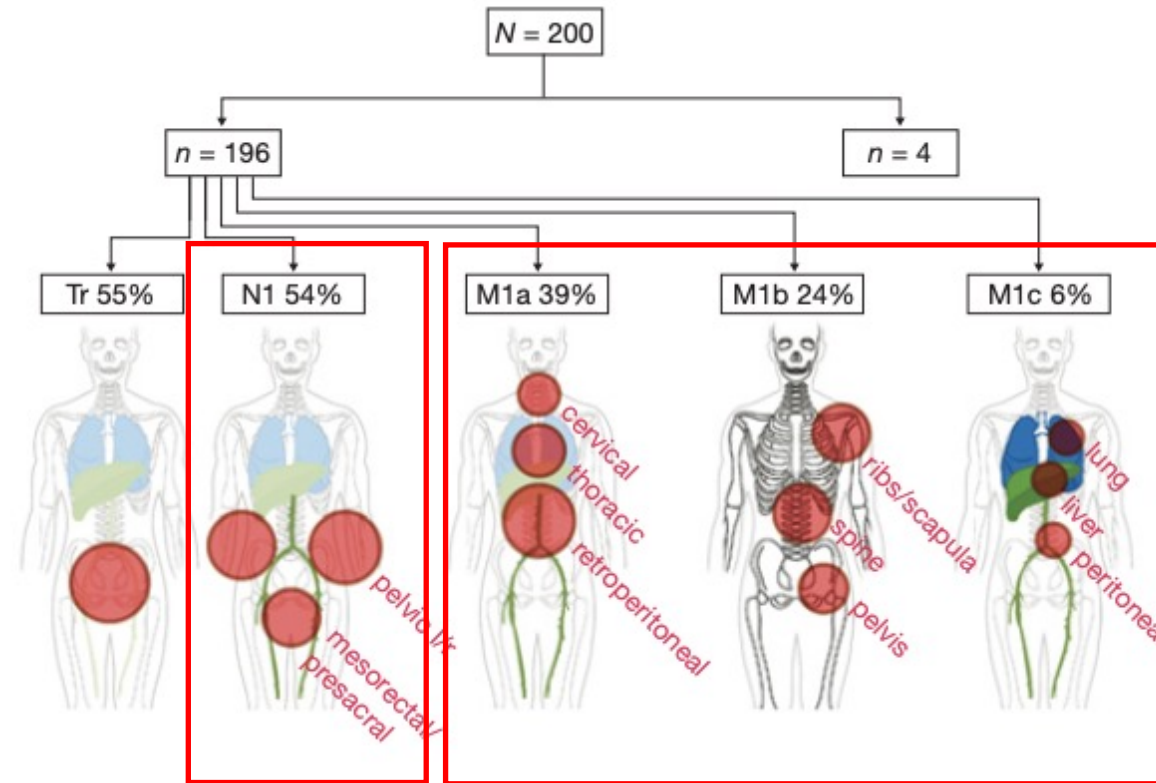
Gomella LG, The Canadian Journal of Urology; 25(2); April 2018

# Prostate-Specific Membrane Antigen Ligand Positron Emission Tomography in Men with Nonmetastatic Castration-Resistant Prostate Cancer

200 MO CRPC  
Conventional Imaging



98%  
PSMA-PET Positive

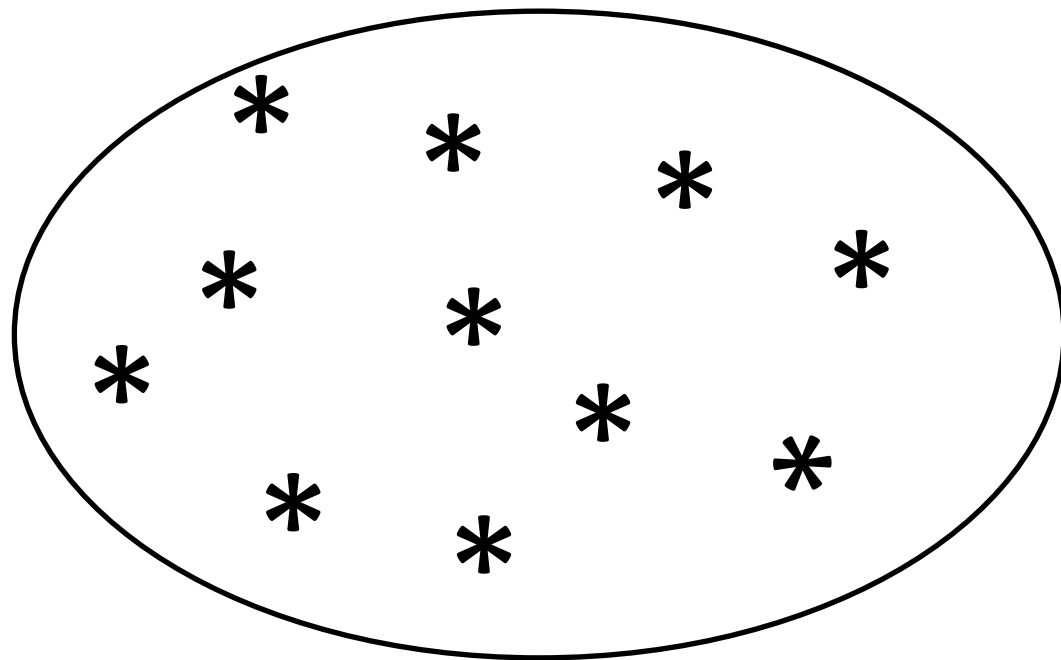


Impact of stage migration on management and prognosis is unknown

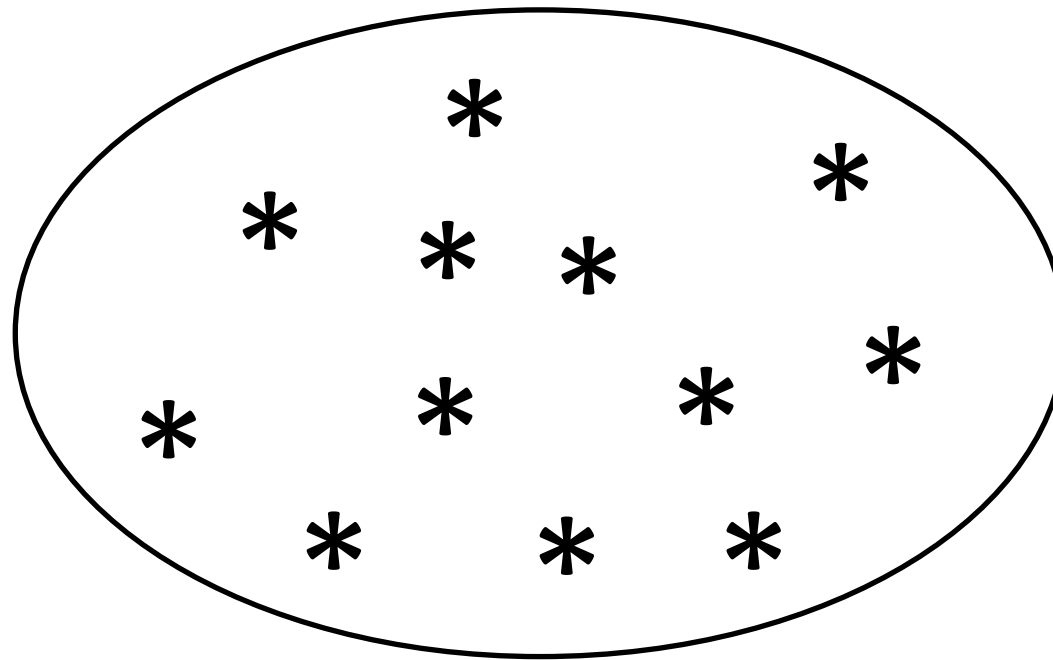
Fendler, Clin Canc Res 2019

# NGI and stage migration in nmCRPC

NON-Metastatic with conventional imaging



Metastatic with conventional imaging

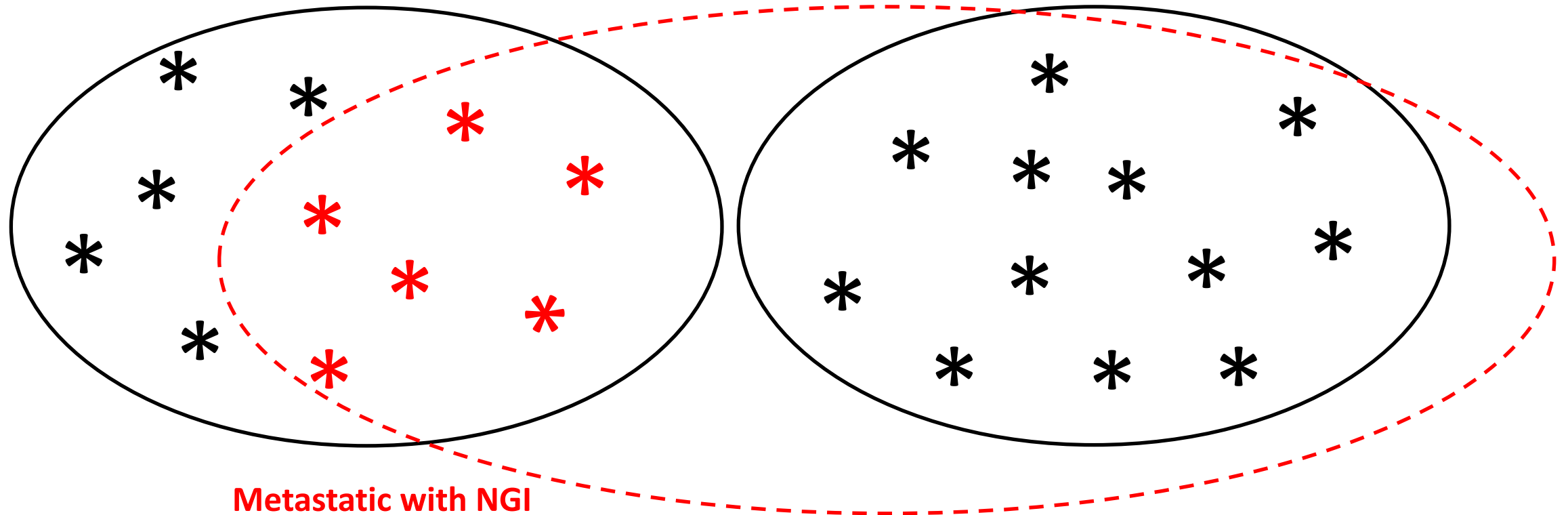




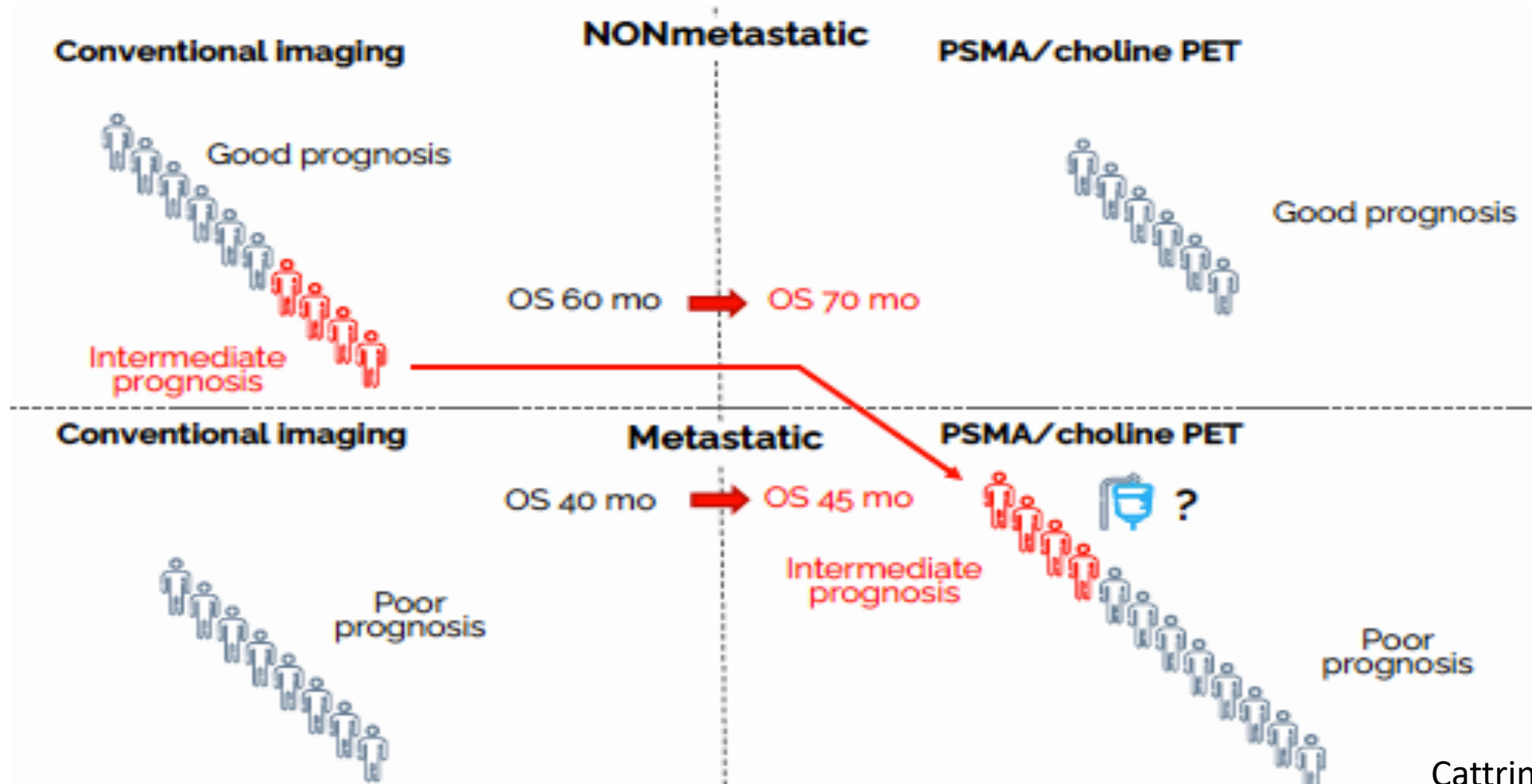
# NGI and stage migration in nmCRPC

NON-Metastatic with conventional imaging

Metastatic with conventional imaging

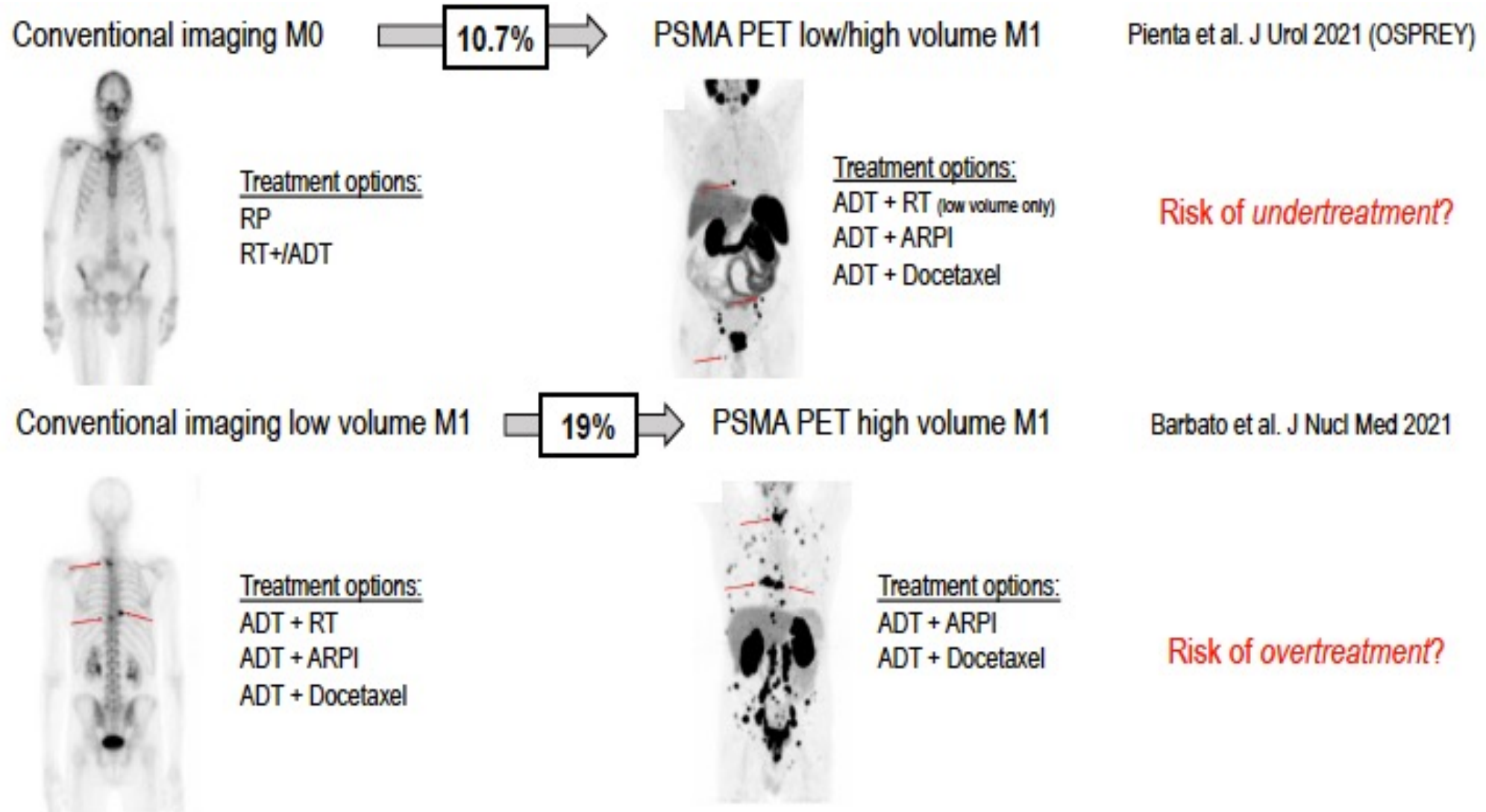


# Will Rogers phenomenon



Cattrini, Cancers 2022

# Stage migration: Not all glitters is gold



Zacho et al. EJNMMI Res 2020; Pienta KJ J Urol 2021; Durack et al. ASCO 2021; Barbato et al. J Nucl Med 2021 Sundahl et al. Eur Urol 2021

## Stage migration in nmCRPC

The standard of care for both nmCRPC and mCRPC is virtually the same,  
but **you lose apalutamide and darolutamide with upstaging**

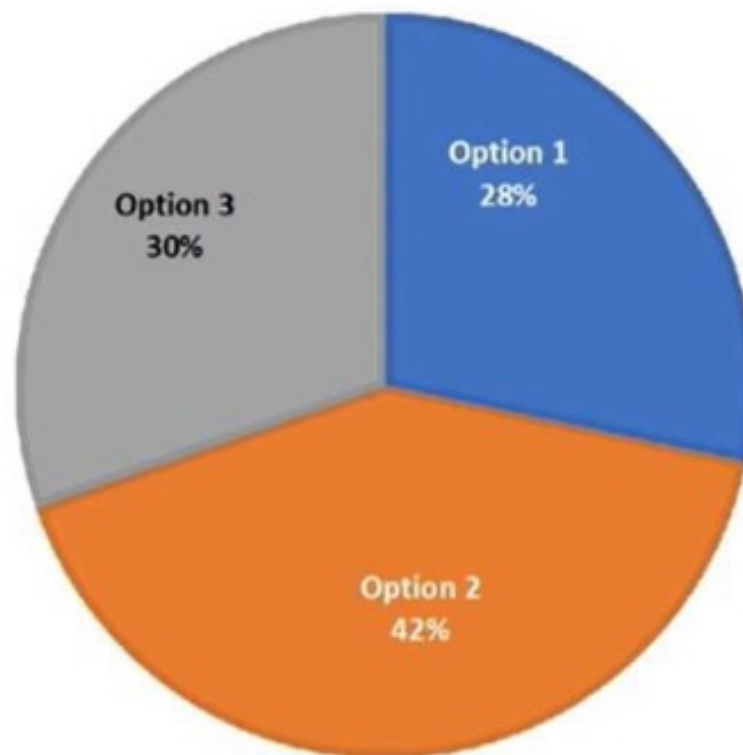
There are no data to suggest that patients with a positive PSMA result should not be treated with enza/apa/daro, even if they have M1 disease on PSMA

There are no data showing that PSMA-PET imaging is valuable for treatment  
Guidance and clinically relevant outcomes

**113 and 114** For the majority of patients with nmCRPC on conventional imaging do you recommend a PSMA PET prior to starting apalutamide, darolutamide, or enzalutamide?

**PSA DT  $\leq$ 10 months**

1. Yes
2. Yes, but only for patients who are candidates for radiation therapy (for local relapse and/or oligometastatic disease)
3. No
4. Abstain/unqualified to answer

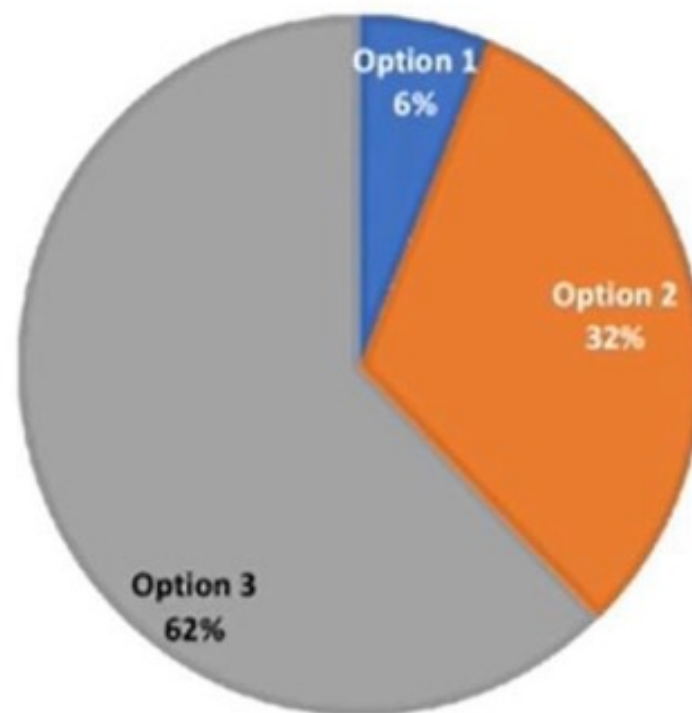


Preliminary results. For interpretation of results please refer to publication, which will follow shortly after APCCC 2022



**115.** For the majority of patients with a PSA doubling-time  $\leq 10$  months imaged initially with PSMA PET demonstrating 1-3 lesions, would you go back and perform conventional imaging (CT + bone scintigraphy) to define whether disease state is nmCRPC by conventional imaging?

1. Yes
2. Yes, but only in order to access standard option apalutamide, darolutamide, or enzalutamide
3. No
4. Abstain/unqualified to answer



Option	Votes
Option 1	6
Option 2	32
Option 3	61
Option 4	5
Total votes	104

Preliminary results. For interpretation of results please refer to publication, which will follow shortly after APCCC 2022



Aprile 2017      PSA 0,3 ng/ml    Testosterone tot 20 ng/dl  
Settembre 2017    PSA 0,6 ng/ml  
Gennaio 2018     PSA 0,8 ng/ml  
Aprile 2018       PSA 1,1 ng/ml  
Settembre 2018   PSA 1,5 ng/ml  
**Dicembre 2018   PSA 2,1 ng/ml**

**PSADT 8 mesi**

## **TMD**

Dicembre 2018 Scintigrafia ossea: negativa per secondarismi

TAC: linfonodo iliaco esterno destro di 10 mm

## **TMD**

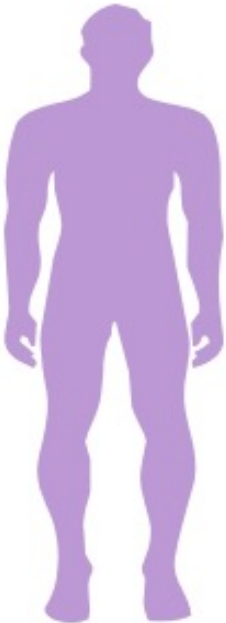
Dicembre 2018 PET-TC Colina: confermata debole captazione a livello del linfonodo iliaco esterno destro (suv max 3,8)

How do we stage this patient?

High Risk nmCRPC

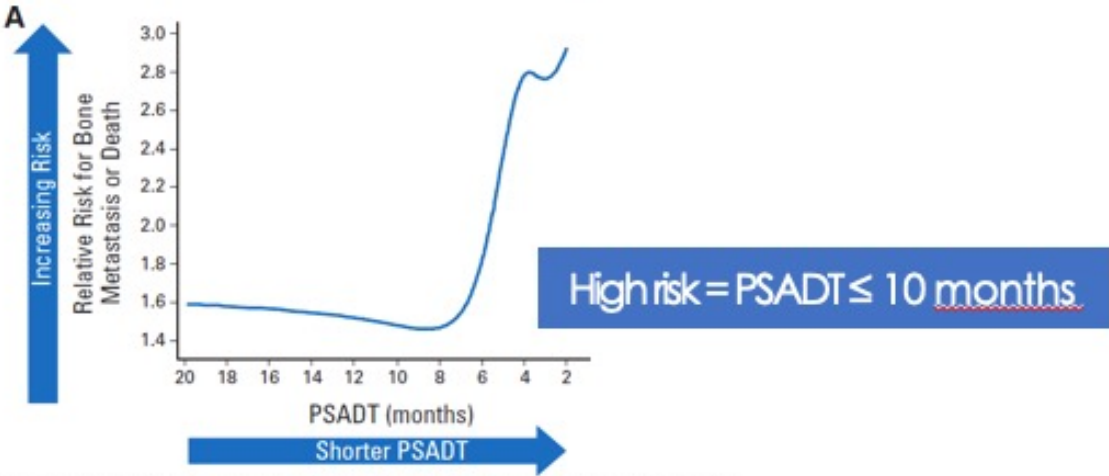


# The target population is at high risk of developing metastases and progressing to mCRPC



## High risk nmCRPC patient

- Has had prostate cancer for several years
- Has HRQoL comparable to the general population<sup>1</sup>
- His PSA levels are rising, with PSADT  $\leq 10$  months which means he is at high risk of progressing to mCRPC<sup>2,3</sup>



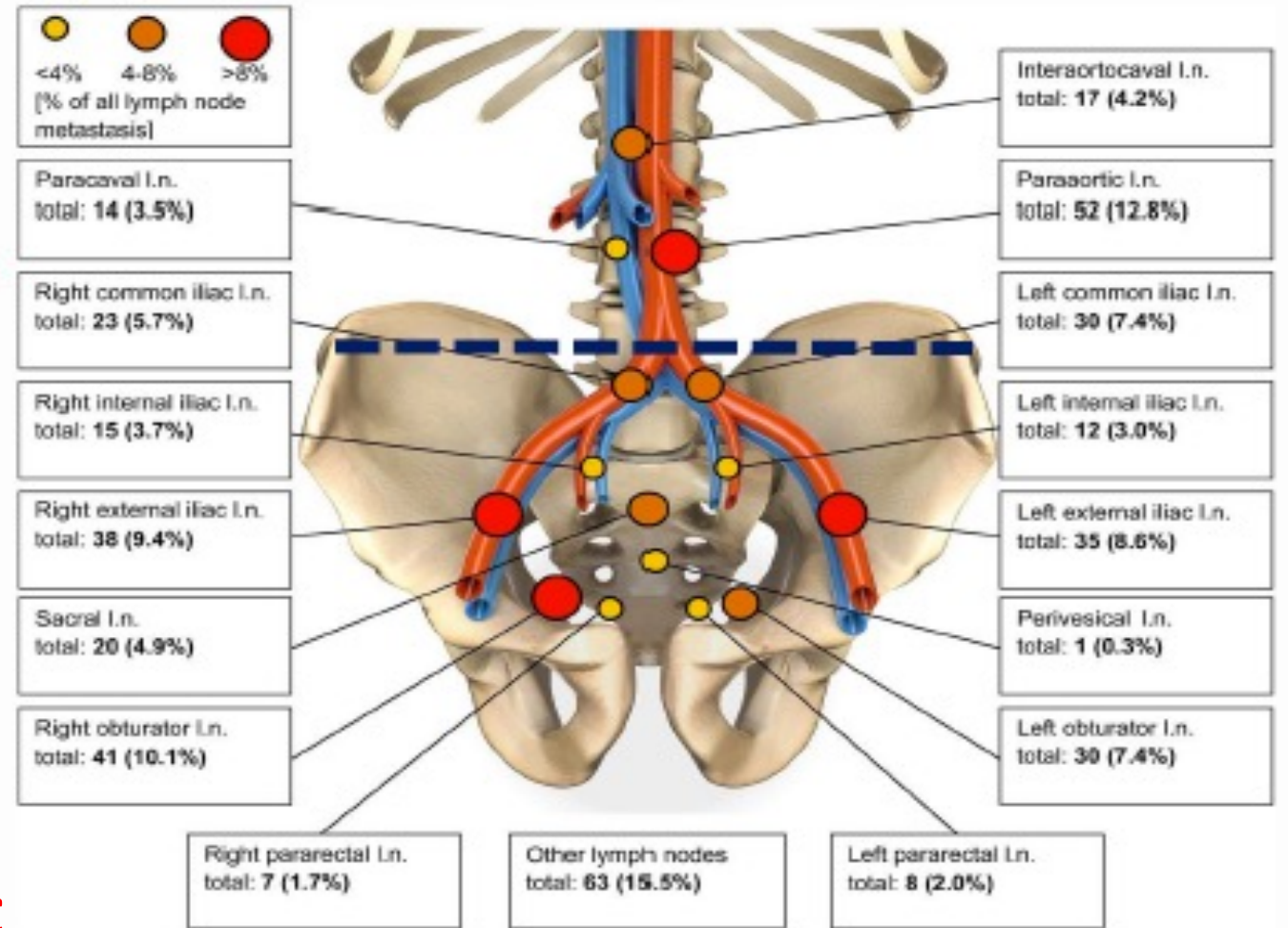
- Is worried about developing metastases<sup>4,5</sup>

1. Saad F, et al. 2018.  
2. Aly M et al, 2017.  
3. Moreira DM, et al. 2016.

4. Clinical Outcomes Solutions. 2018.  
5. Janssen. (Data on file).

# Who are N1 patients?

- **No** no regional lymph nodes metastasis
- **N1** regional lymph node metastasis (nodes of the true pelvis, which are essentially the pelvic nodes below the bifurcation of the common iliac arteries)
- **M1a** non-regional lymph nodes(s)
- **M1b** bone(s)
- **M1c** other site(s)



- N status was assessed by CT scan
- **Presence of local relapse, or residual tumour was considered within nmCRPC**

## FOCUS on Study characteristics

SPARTAN	PROSPER	ARAMIS
<b>Apalutamide</b>	<b>Enzalutamide</b>	<b>Darolutamide</b>
- M0 N0-1 CRPC	- M0 <b>N0</b> CRPC	- M0 N0-1 CRPC
- PSA rising	- PSA rising	- PSA rising
- PSA $\geq$ 2 ng/ml	- PSA $\geq$ 2 ng/ml	- PSA $\geq$ 2 ng/ml
- PSAdt $\leq$ 10 mo	- PSAdt $\leq$ 10 mo	- PSAdt $\leq$ 10 mo



## Quale Opzione terapeutica?

1. Manipolazione ormonale (aggiunta antiandrogeno, cambio LHRH agonista, cambio LHRH antagonista)
2. Follow-up
3. Trattamento diretto alle metastasi
4. Apalutamide, Darolutamide, Enzalutamide



# Metastasis-directed therapy for oligoprogressive mCRPC

## Retrospective series

Reference	n.pts	Treatment	% 2-years Distant PFS	Median systemic therapy-free surv
Muldermans, 2016	50	SBRT (BED 30-50 Gy)	45	NR
Triggiani, 2019	86	SBRT (BED 80 Gy)	33.7	21.8 months

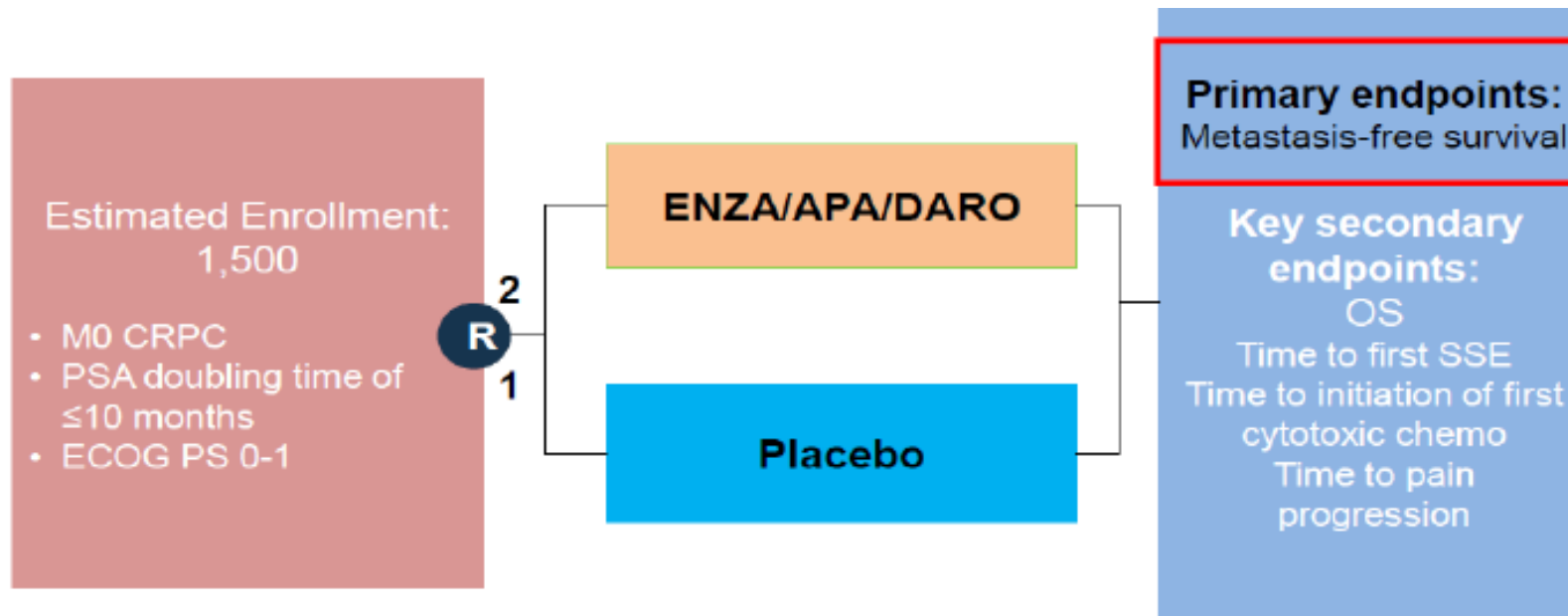
Lack of prospective data  
Unknown effect on OS

Toxicity	% Grading	
	G1	G2
Pain flare	9	3
Gastrointestinal	3	-
Genitourinary	1	3

Consensus statements on ablative radiotherapy for oligometastatic prostate cancer: A position paper of Italian Association of Radiotherapy and Clinical Oncology (AIRO)

**In an asymptomatic or minimally symptomatic mCRPC patient with a PSA doubling time > 6 months, time to castration-resistant phenotype > 12 months, and oligometastases up to three nodal or bone lesions detected by metabolic imaging, RT with radical intent to metastatic sites could be offered as alternative to ARTA to delay systemic treatment**

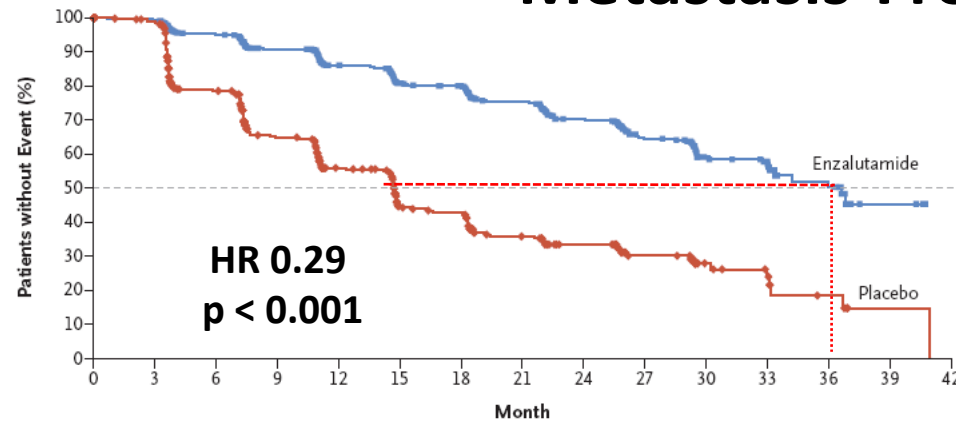
# Phase III randomized trials in High-Risk nmCRPC



Similar trials with Enzalutamide (PROSPER)<sup>1</sup>, Apalutamide (SPARTAN)<sup>2</sup>, Darolutamide (ARAMIS)<sup>3</sup>

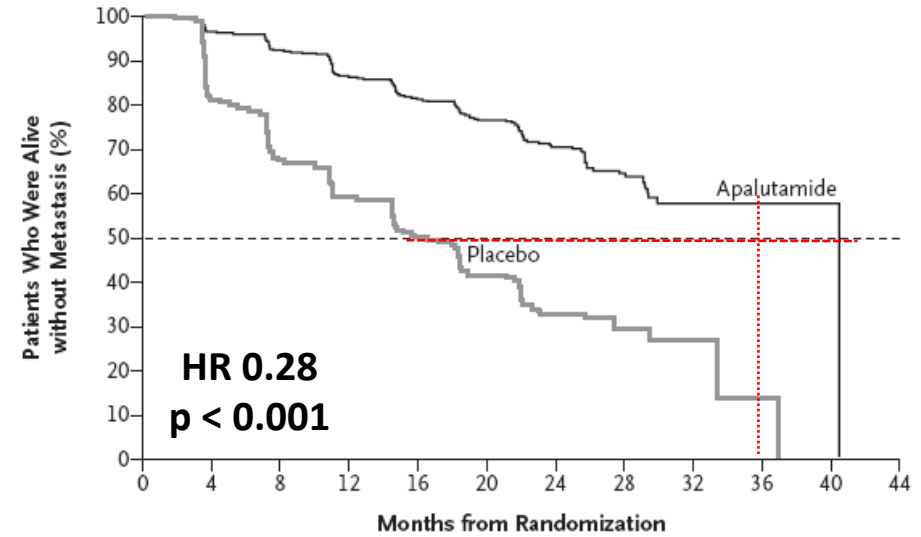
1.Hussain, NEJM 2018; 2.Matthew, NJM 2018; 3.Fizazi, NEJM 2019

# Metastasis-Free survival

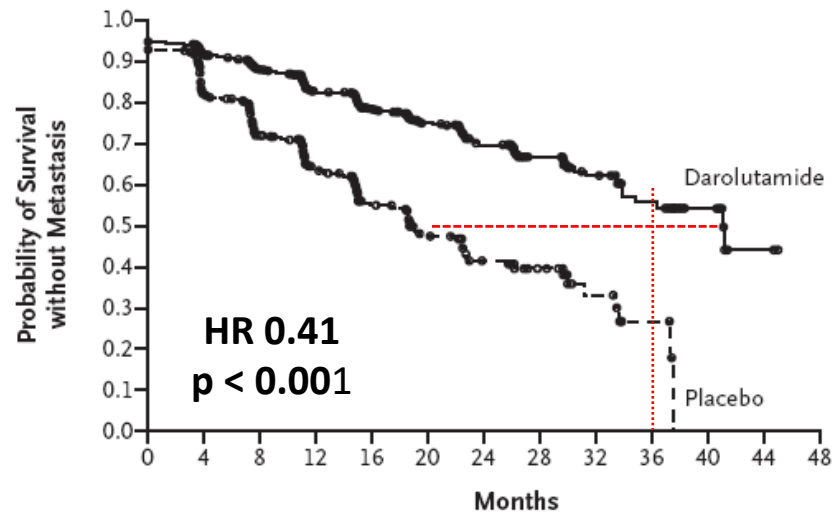


**Enzalutamide**

**Apalutamide**

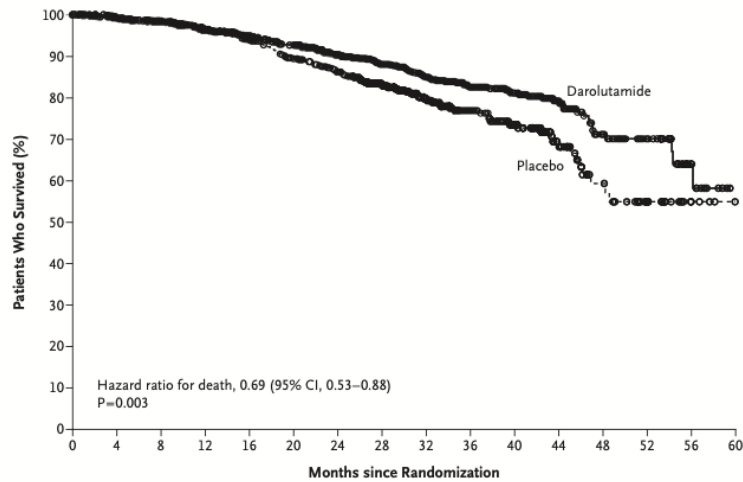


**Darolutamide**



# Overall survival and New Hormonal Agents in M0 CRPC

## Darolutamide

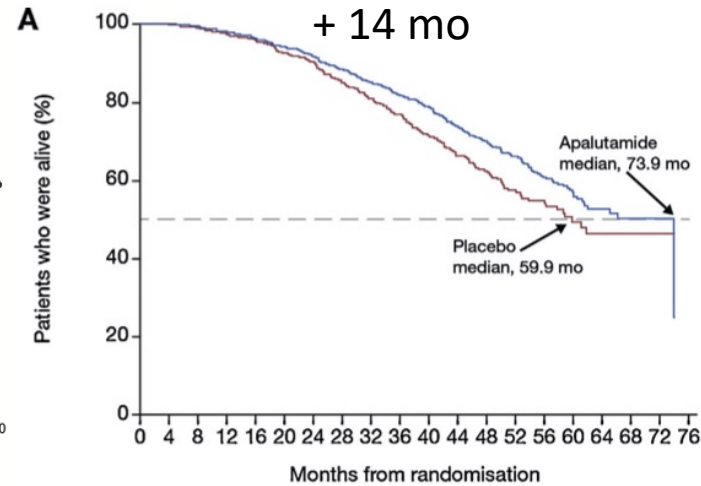


No. at Risk	0	4	8	12	16	20	24	28	32	36	40	44	48	52	56	60
Darolutamide	955	932	908	863	816	771	680	549	425	293	214	129	69	37	12	0
Placebo	554	530	497	460	432	394	333	261	182	130	93	54	28	16	4	0

HR 0.69

Fizazi, NEJM 2020

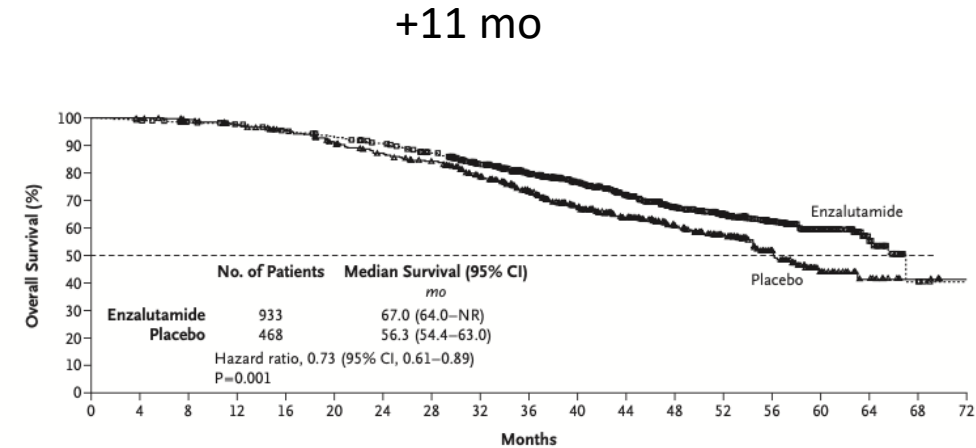
## Apalutamide



Number of patients	0	4	8	12	16	20	24	28	32	36	40	44	48	52	56	60	64	68	72	76
Apalutamide	806	791	774	758	739	717	691	658	625	593	558	499	376	269	181	100	47	19	4	0
Placebo	401	392	385	373	358	339	328	306	286	263	240	204	156	114	82	38	21	6	2	0

Smith, Eur Urol 2020

## Enzalutamide



No. at Risk	0	4	8	12	16	20	24	28	32	36	40	44	48	52	56	60	64	68	72
Enzalutamide	933	926	910	897	874	850	822	782	700	608	517	424	327	244	169	89	33	4	0
Placebo	468	467	459	444	428	404	381	363	321	274	219	177	140	106	64	30	16	3	0

HR 0.73

Sternberg, NEJM 2020

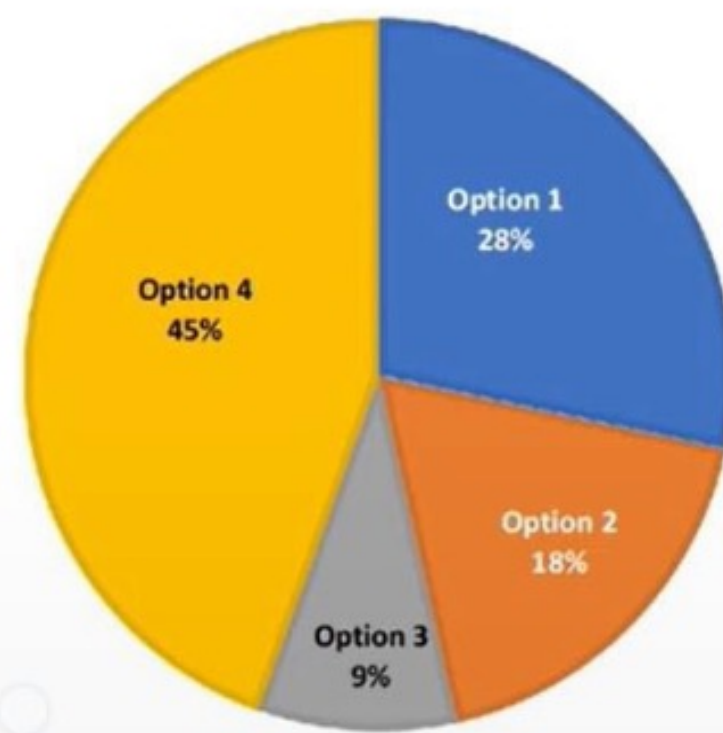
**116 and 117** For the majority of patients with nmCRPC on conventional imaging with a PSA doubling-time  $\leq 10$  months what is your preferred treatment if the PSMA PET shows:

1. Treat as nmCRPC with standard option: apalutamide, darolutamide, or enzalutamide
2. Treat as mCRPC with standard option
3. Metastases directed therapy (MDT) alone
4. MDT plus systemic therapy (either for nmCRPC or mCRPC)
5. Abstain/unqualified to answer (including I do not recommend PSMA PET)

**1 - 3 lesions in distant lymph nodes**



**1 - 3 lesions in lymph nodes and bone**



Preliminary results. For interpretation of results please refer to publication, which will follow shortly after APCCC 2022



# TMD Dicembre 2018: RT stereotassica (36 Gy in 6 fx) + Apalutamide uso compassionevole.

Marzo 2019 PSA 0.06

Inizio Denosumab 60 mg semestrale

TAC (lug 2019) non più evidente linfonodo  
TAC (feb 2020) negativa  
TAC + Scintigrafia ossea (Dic 2020) negativa  
TAC (Dic 2021) negativa



## Eventi Avversi:

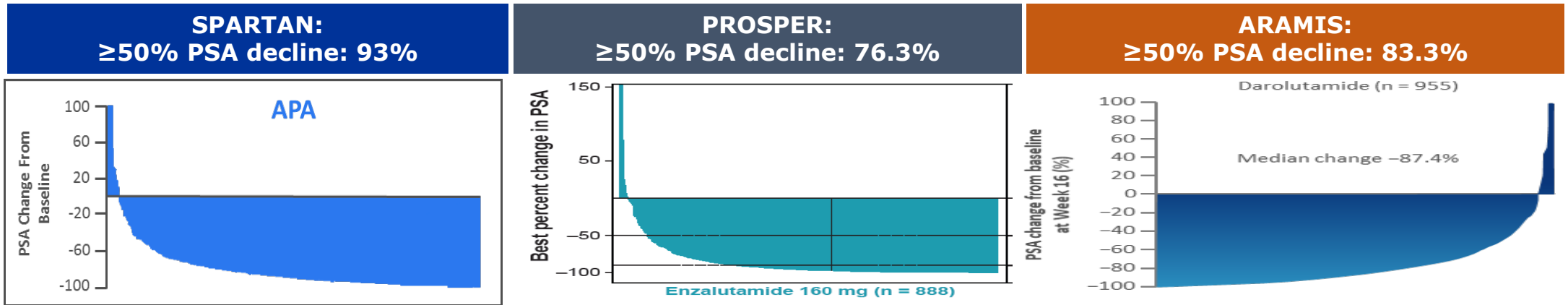
- aumento colesterolo totale trattato con utilizzo di statine (insorgenza: dopo 6 mesi di trattamento)

**Maggio 2022 PSA 0.0** Testosterone totale indosabile

Asintomatico (77 anni)

Programmata TAC dic 2022.

# PSA response

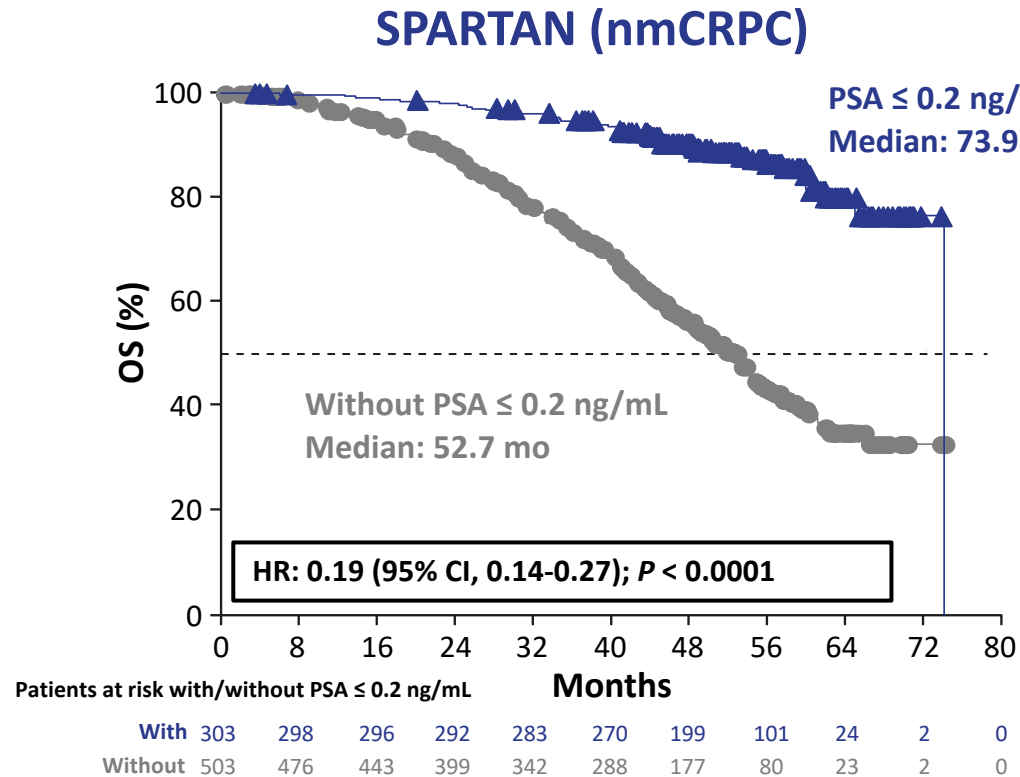


	SPARTAN		PROSPER		ARAMIS	
	APA (n = 806)	PBO (n = 401)	ENZA (n = 933)	PBO (n = 468)	DARO (n = 955)	PBO (n = 554)
<b>≥50% PSA decline</b>	<b>93%</b>	<b>2%</b>	<b>76.3%</b>	<b>2.4%</b>	<b>83.3%</b>	<b>8.1%</b>
P value	NR		<0.0001		<0.001	
<b>≥90% PSA decline</b>	<b>66%</b>	<b>NR</b>	<b>55.9%</b>	<b>0.4%</b>	<b>51%</b>	<b>2%</b>
P value	NR		<0.0001		<0.001	

Small ES, et al. Oral presentation. AUA 2018 (Abstract PD10-11); Smith MR, et al. N Engl J Med. 2018 Apr 12;378(15):1408-1418 (and Suppl and protocol); Sternberg CN, et al. Poster presented at EAU 2018 (abstract 604); Tammela T, et al. Oral presentation. EAU 2019 (Breaking news session 3BN); Hussain M, et al. N Engl J Med. 2018 Jun 28;378(26):2465-2474 (and Suppl and Protocol)

# Achievement of Undetectable PSA Was Associated With Improved OS

























OS by achievement of  $\leq 0.2$  ng/mL PSA with APA + ADT





Shorter time to undetectable PSA correlated with longer OS time

Rank correlation: rho -0.5 (95% CI -0.6, -0.4),  $P < 0.05$





















# SAFETY AT SIMILAR TREATMENT EXPOSURE



Treatment option	APA + ADT	ENZA + ADT	DARO +ADT
Any AEs			
SAEs			
G3-4 AEs			NR
Rash		NR	
Fatigue+asthenia			
Hypertension			
Falls			
Fractures		NR	
Cognitive/memory impairment and loss of consciousness/ syncope			

 < 1.5x increase in AEs vs control

 ≥ 1.5x increase in AEs vs control

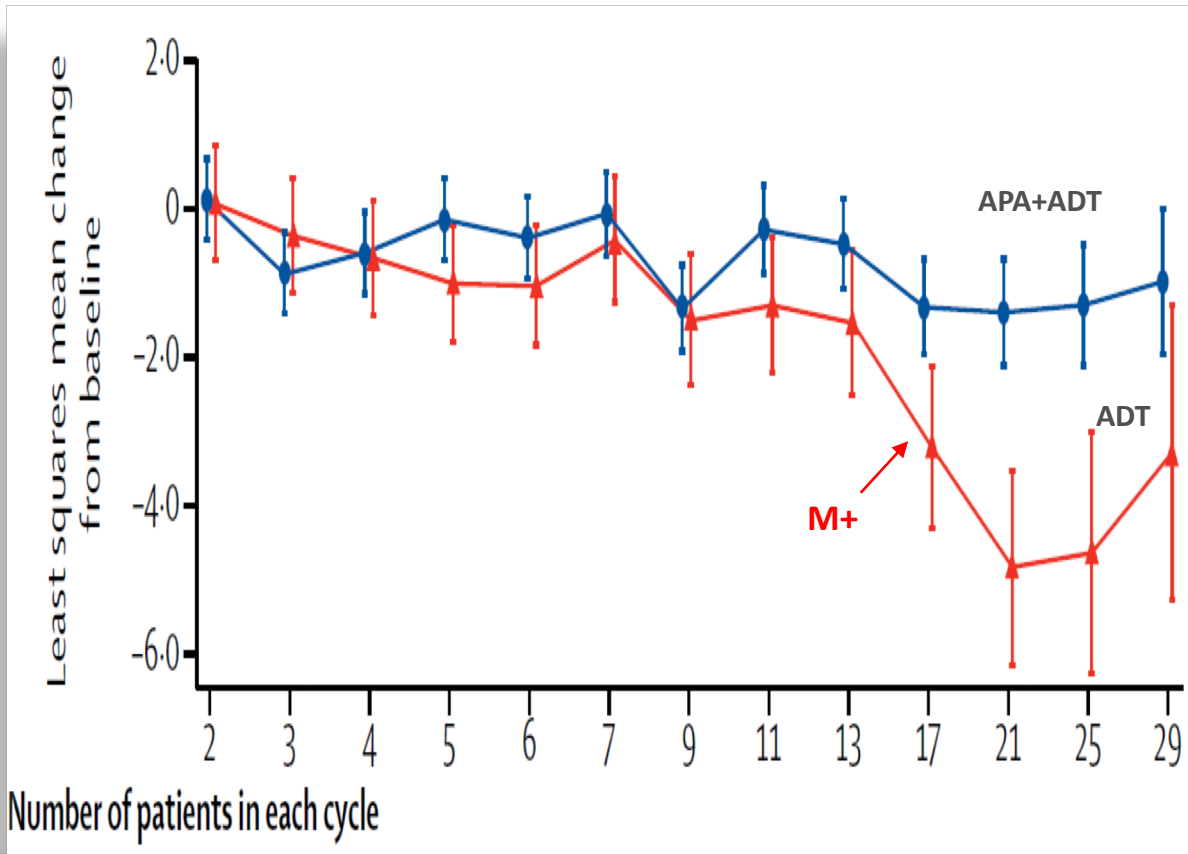
## AEs of interest exposure adjusted (ASCO 2020)

Treatment option	APA + ADT	ENZA + ADT	DARO +ADT
any grade AEs	NA		NA
SAEs			NA
grade $\geq 3$ AEs			NA
AEs of special interest			
Rash			
Fatigue	NA		
Hypertension	NA		
Falls			
Fractures			
Cognitive/memory impairment and loss of consciousness/ syncope	NA		

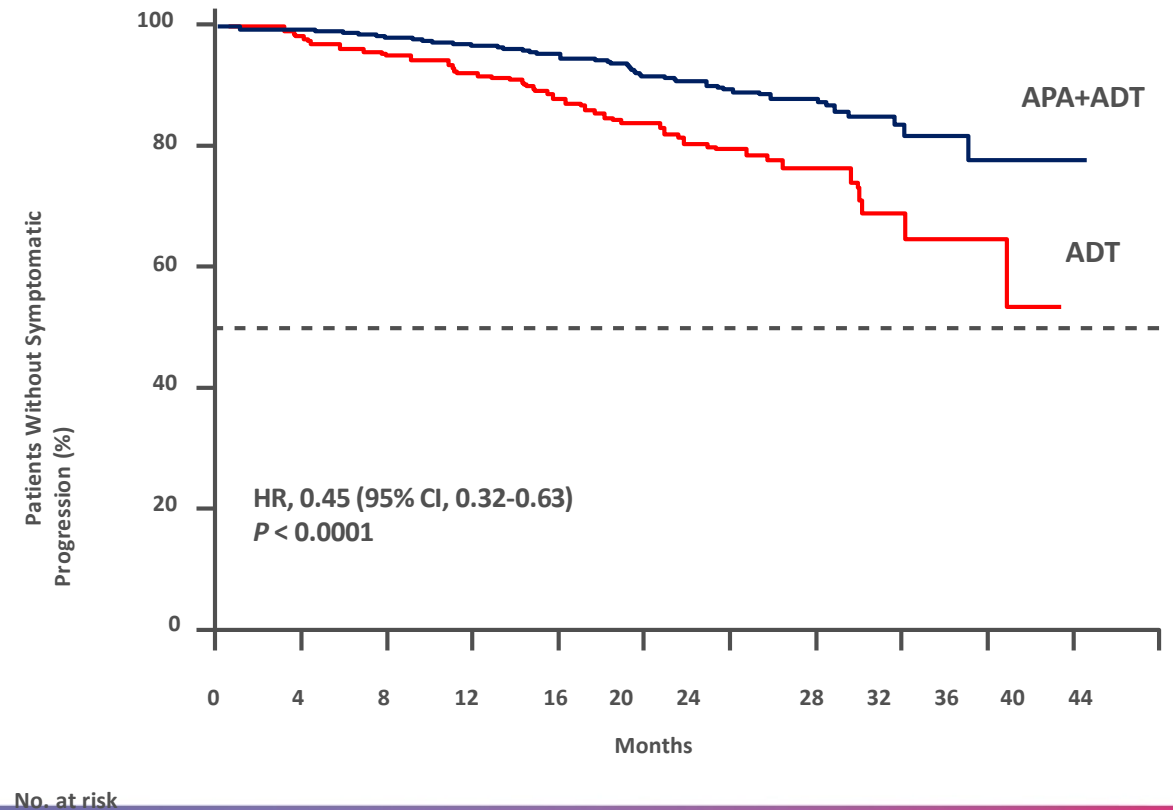
-  < 1.5x increase in AEs vs control
-   $\geq 1.5x$  increase in AEs vs control

# Significato clinico del ritardo della metastasi: Apalutamide ritarda il decadimento della QoL e la progressione dei sintomi

Variazioni nella QoL dal basale (Fact-P)

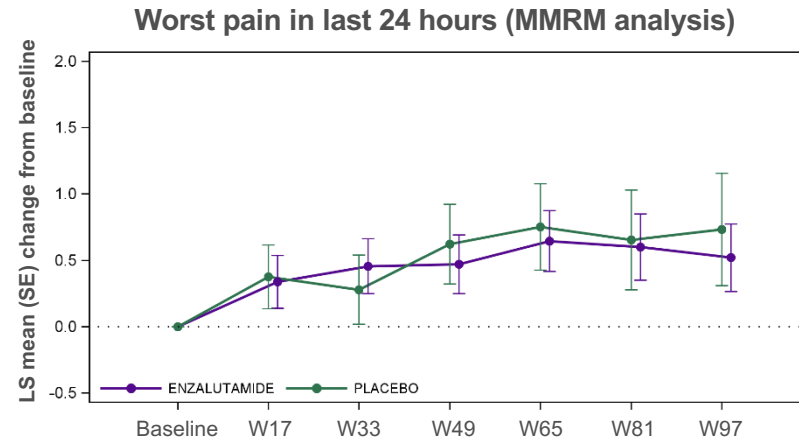
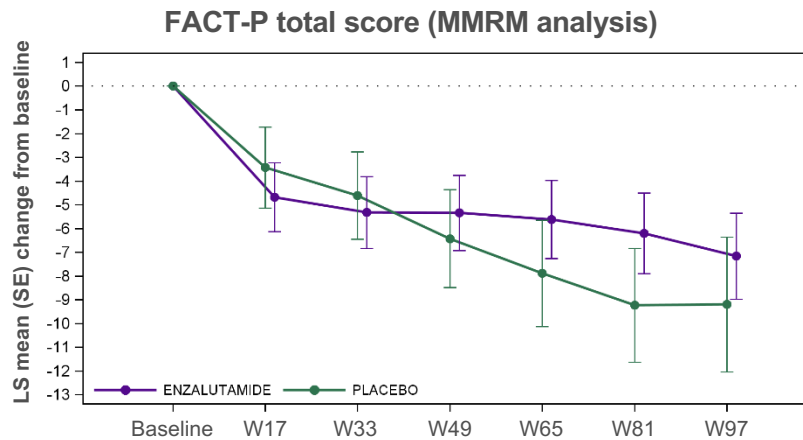
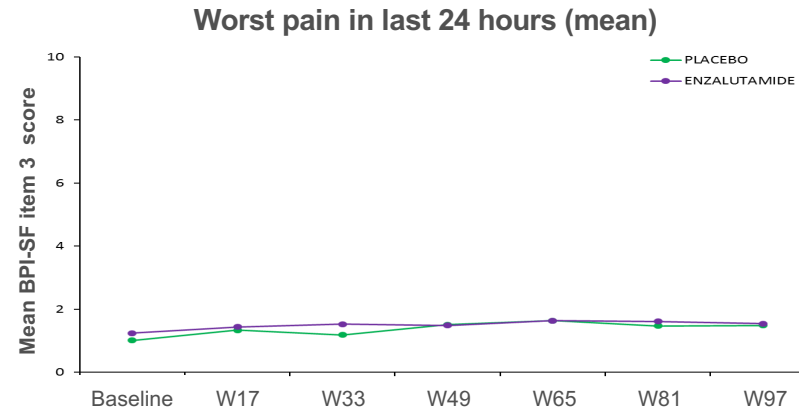
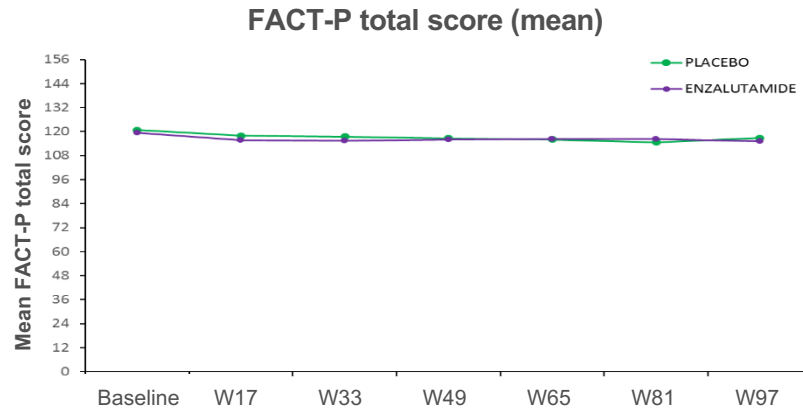


Tempo alla progressione dei sintomi



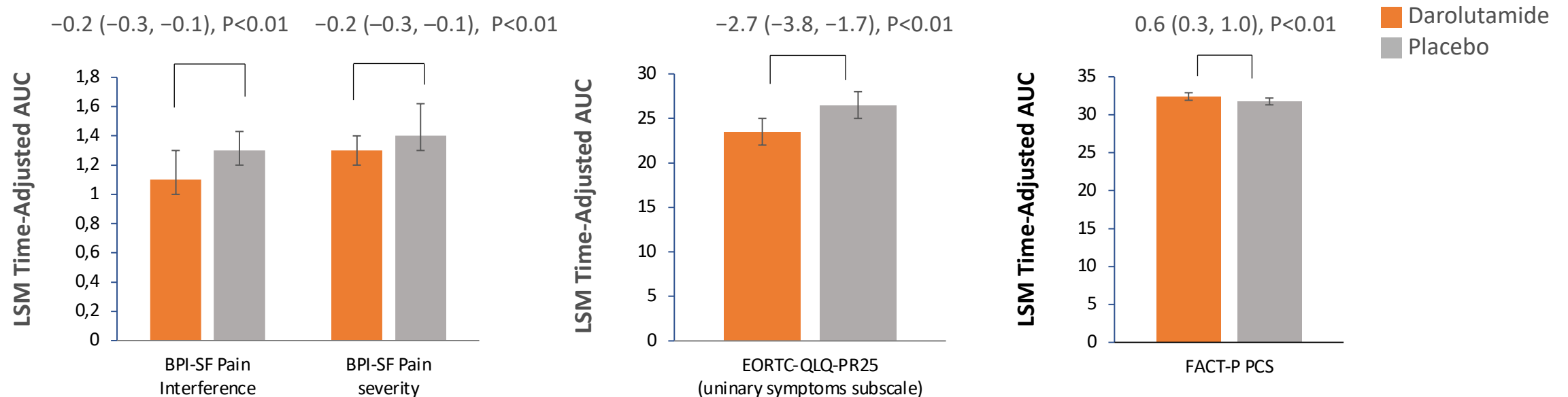


# PROSPER: Enzalutamide QoL was similar to placebo



No statistically or clinically meaningful change in FACT-P total score or worst pain, was observed over 97 weeks\*

# ARAMIS: Health-related quality of life outcomes

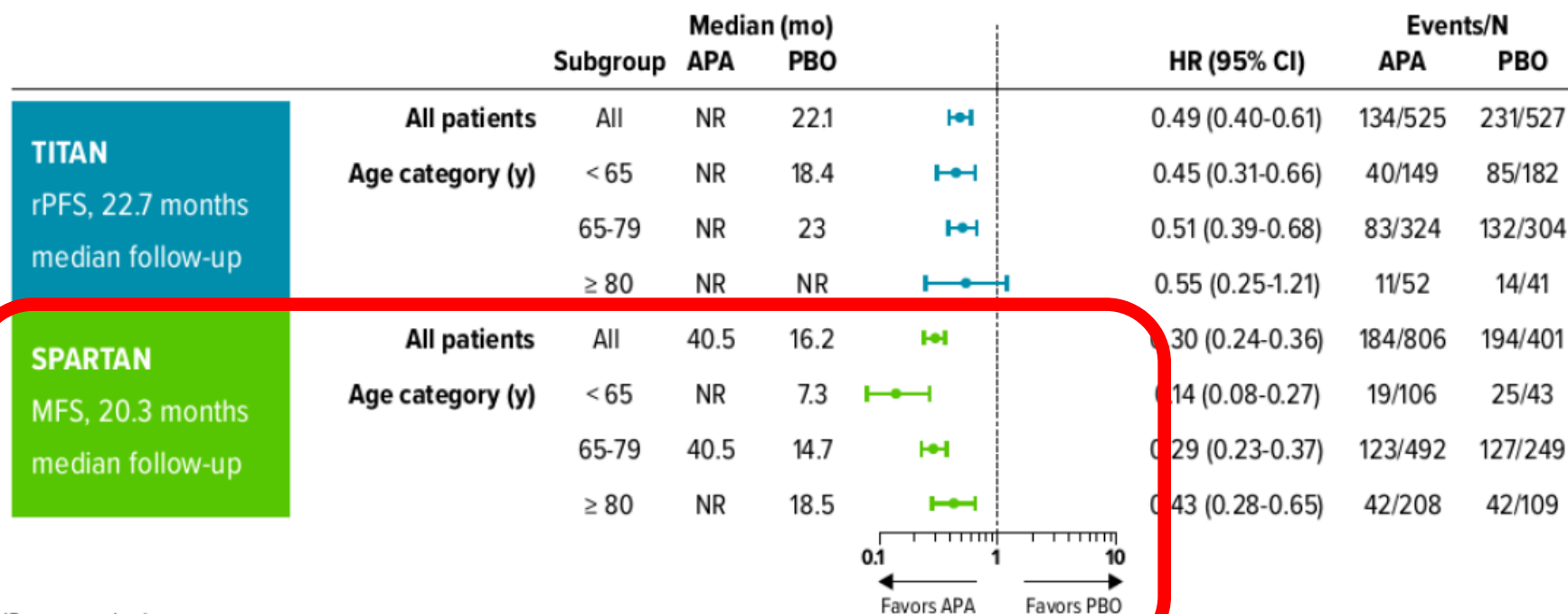


Patient-reported scores tended to favor darolutamide for pain and urinary symptoms; differences did not reach clinically meaningful thresholds

AUC, area under the curve; BPI-SF, Brief Pain Inventory – Short Form; EORTC-QLQ-PR25, European Organisation for Research and Treatment of Cancer quality of life; FACT-P, Functional Assessment of Cancer Therapy-Prostate; LSM, least squares mean; PCS, prostate cancer subscale.

# TITAN and SPARTAN Patients Derived Benefit With APA Regardless of Age: Primary/Co-Primary Outcomes

- rPFS was improved with APA in < 65 and 65-79 year age groups in TITAN
- MFS was improved with APA in SPARTAN patients of all ages



ESMO 2021

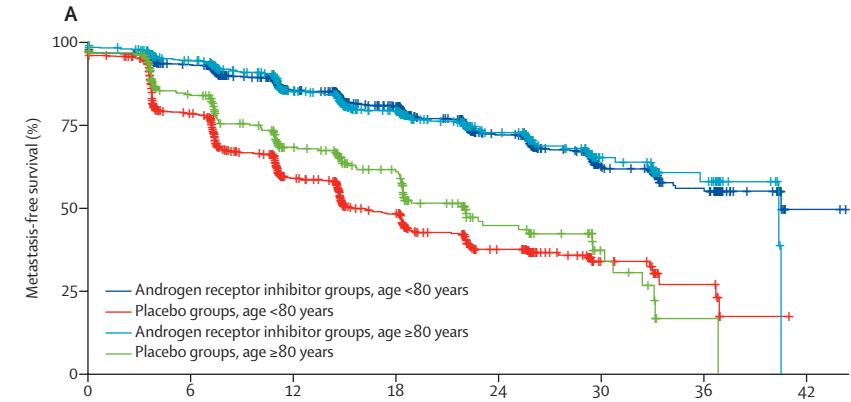


# Survival outcomes in older men with non-metastatic castration-resistant prostate cancer treated with androgen receptor inhibitors: a US Food and Drug Administration pooled analysis of patient-level data from three randomised trials

Jaleh Fallah\*, Lijun Zhang\*, Anup Amatya, Yutao Gong, Bellinda King-Kallimanis, Vishal Bhatnagar, Chana Weinstock, Daniel L Suzma, Sundeep Agrawal, Elaine Chang, Mitchell S Anscher, Dow-Chung Chi, James X Xu, Jamie R Brewer, Michael H Brave, Mehrnoosh Hadadi, Marc R Theoret, Paul G Kluetz, Kirsten B Goldberg, Amna Ibrahim, Shenghui Tang, Richard Pazdur, Julia A Beaver, Laleh Amiri-Kordestar, Harpreet Singh

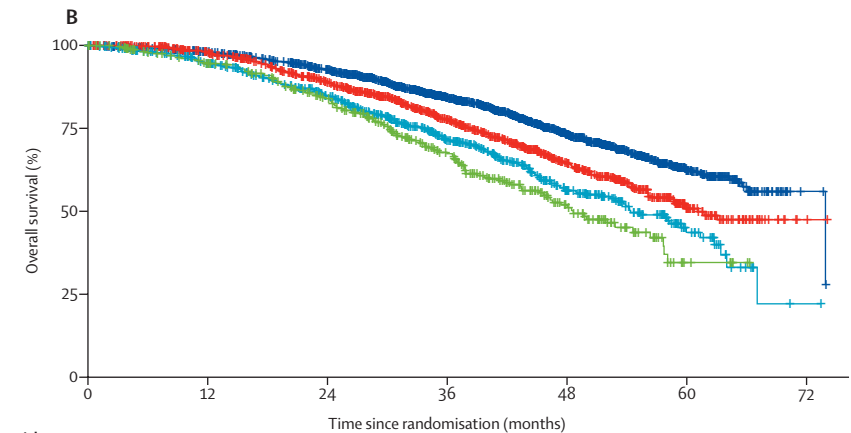
www.thelancet.com/oncology Vol 22 September 2021

**MFS**



	0	6	12	18	24	30	36	42
<b>Number at risk (number censored)</b>								
Androgen receptor inhibitor groups, age <80 years	2019 (0)	1704 (183)	1183 (580)	905 (798)	479 (1149)	152 (1434)	66 (1510)	2 (1572)
Placebo groups, age <80 years	1075 (0)	694 (170)	342 (374)	204 (459)	94 (533)	23 (599)	8 (611)	0 (617)
Androgen receptor inhibitor groups, age ≥80 years	675 (0)	558 (83)	361 (233)	265 (307)	127 (429)	48 (498)	21 (521)	0 (540)
Placebo groups, age ≥80 years	348 (0)	238 (60)	141 (117)	90 (155)	36 (190)	11 (211)	1 (216)	0 (216)

**OS**



	0	12	24	36	48	60	72
<b>Number at risk (number censored)</b>							
Androgen receptor inhibitor groups, age <80 years	2019 (0)	1916 (65)	1707 (173)	1187 (554)	630 (987)	157 (1397)	3 (1543)
Placebo groups, age <80 years	1075 (0)	974 (79)	800 (167)	519 (362)	260 (550)	61 (712)	2 (768)
Androgen receptor inhibitor groups, age ≥80 years	675 (0)	602 (38)	486 (95)	307 (206)	144 (319)	32 (412)	1 (438)
Placebo groups, age ≥80 years	348 (0)	303 (27)	242 (56)	148 (107)	64 (163)	7 (208)	0 (215)

Figure 2: Kaplan-Meier curves of survival outcomes (A) Metastasis-free survival. (B) Overall survival.










	Androgen receptor inhibitor groups	Placebo groups
<b>Age ≥80 years</b>		
Participants	573	292
FACT-P total score at baseline	116.70 (19.62)	115.87 (16.10)
FACT-P total score at week 16	114.66 (20.27)	113.94 (17.94)
Change in FACT-P total score	2.13 (16.15)	2.10 (13.81)
<b>Age &lt;80 years</b>		
Participants	1828	958
FACT-P total score at baseline	117.70 (18.23)	117.57 (18.88)
FACT-P total score at week 16	116.31 (19.37)	115.91(20.11)
Change in FACT-P total score	1.41 (13.79)	1.65 (14.68)

Data are n or mean (SD). 466 patients did not complete a patient-reported outcomes assessment. FACT-P=Functional Assessment of Cancer Therapy—Prostate questionnaire.

**Table 4: FACT-P scores by age and treatment group**

The findings of this pooled analysis support the use of androgen receptor inhibitors in older patients with non-metastatic castration-resistant prostate cancer. Incorporating geriatric assessment tools in the care of older adults with prostate cancer might help clinicians to offer individualised treatment to each patient, on the basis of the patient’s health status, and the drug’s safety and efficacy profile.

# Dosage compliance and Food Impact

Treatment option	APA+ADT	ENZA+ADT	DARO+ADT
Study	SPARTAN <sup>1,2</sup>	PROSPER <sup>3</sup>	ARAMIS <sup>4</sup>
<b>Dosing</b>	Apalutamide 240 mg QD + ADT with or without food	Enzalutamide 160 mg QD + ADT with or without food	Darolutamide 600 mg BID (2 x 300 mg tablets BID with food; total 1200 mg/d) + ADT
Oral administration			
Food impact			
Once daily			

## Not head-to-head trials

1. Smith MR, et al. N Engl J Med. 2018 Apr 12;378(15):1408-1418 (and Suppl and protocol); 2. Smith MR, et al. Poster presented at AACR 2018 (Abstract 2605); 3. Hussain M, et al. N Engl J Med. 2018 Jun 28;378(26):2465-2474 (and Suppl and Protocol); 4. Fizazi K, et al. N Engl J Med. 2019 Feb 14. (and suppl appendix and protocol)